

BRUNSWICK NEWS-JOURNAL

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SEPTEMBER 2025

FREE

First Day of School!



RYAN BURFORD

On a cloudy, dreary Wednesday, August 20, Jensen Burford of East Brunswick gleefully anticipates his first day of the fifth grade at Brunswick Elementary School.

Water Water Everywhere FLOOD PLANNING NEEDS COMMUNITY INPUT

By JULIE GOURLEY

A large concern among local government officials and many residents is when the Potomac River, and our many small bodies of water in the form of streams, creeks and stormwater ponds, get swollen and overflow their banks during heavy rain storms. Water runoff from the hills in Brunswick can cause flooding for those who live below.

Brunswick and other parts of Frederick County experienced flooding earlier this year. A 13-year-old boy died in a flash flood in Mt. Airy on July 31. Flooding is a primary concern, especially in light of the deadly river floods in Texas hill country in July that killed so many people.

Brunswick's First Flood Plan

The City of Brunswick has contracted with Dewberry Engineers to develop a stormwater manage-

ment and flood study focusing on the older part of town where there is no flood mitigation in place. The results of the study will inform the eventual flood plan.

This work is funded by a grant from the Maryland Department of Emergency Management and by Frederick County. Brunswick's flood plan will feed into the County's overall emergency management plan.

Community Meetings

The first of two community meetings was held on July 24 at the City Park Building. Downtown residents and businesses, who stand to suffer the greatest from a Potomac River flood, were notified of the meeting, but all residents and businesses of Brunswick were encouraged to attend and provide input, whether they have experienced flooding or not.

The meeting was well-attended and participants received presentations from Abbie Hall, GIS and

Environmental Programs Manager with the city, and representatives of Dewberry Engineers. The presentations generated a lively discussion.

"Fluvial" refers to river flooding, while "pluvial" refers to stormwater flooding usually due to streets and other impervious surfaces not absorbing excessive rainfall. Depending on where you live in Brunswick, you may be subject to either or both. If you live in Galyn Manor or Brunswick Crossing, you are unlikely to experience either type of flooding owing to modern stormwater management infrastructure as well as vertical distance from the Potomac River.

Although Potomac River flooding has been rare in record-keeping history, it is expected to happen more often as the climate changes. Contrary to common understanding, a 100-year flood does not mean that such floods

Continued on page 2

City Council Member Angel White Leaving Brunswick

By DIANE ELLIS

Brunswick City Council member Angel White announced that she and her husband, Steve, will move from Brunswick in September. As a result, she is stepping down from her seat on the City Council, which she has held for 15 years.

White also served as Mayor Pro Tem for two years. She was an active volunteer for the Brunswick Ambulance Company, the Food Bank, BEACON and many other community organizations, as well as a downtown business owner.

The Whites have lived in Brunswick for 20 years. After their two children graduated from Brunswick High School and Steve White recently retired from the Federal Government, they decided to relocate to Florida.

White says she will best remember Brunswick for its "incredible spirit and passion." She said, "This is a place where people welcome you with open arms and invite you to be part of everything ... I will always hold Brunswick close to my heart."

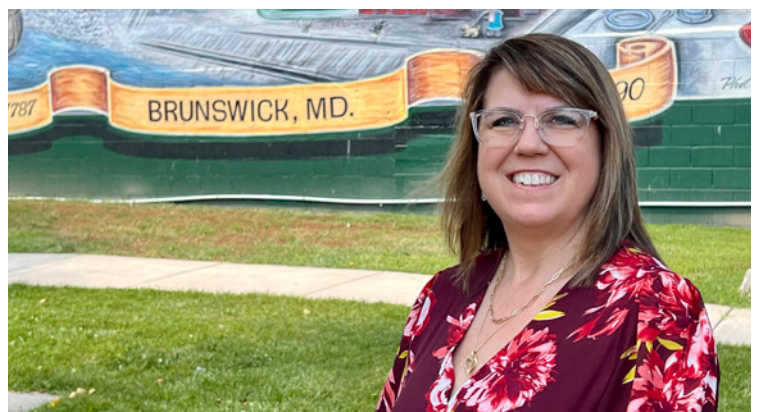
Mayor Nathan Brown said, "I want to extend my heartfelt

thanks to Council Member Angel White for her outstanding service and unwavering dedication to our community. Angel has been a driving force not only on the City Council, but throughout Brunswick. She has played an essential part in numerous projects that have helped move our city forward. Angel's passion, leadership, and selfless commitment have left a lasting mark on Brunswick. While we are truly sad to see her go, we are incredibly grateful for all she has done and wish her nothing but success in her next chapter."

Filling a Vacancy

According to the City Charter, "In case of a vacancy on the Council for any reason, by unanimous vote the Council shall elect a qualified person to fill the vacancy for the unexpired term." If a unanimous decision by the Council is not reached, then a special election is held, according to the charter.

Mayor Brown said that the City will discuss the plans and process for filling the vacancy at a future meeting. White's unexpired term runs until August 2028. ■



Brunswick City Council Member Angel White

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BILL GAULEY

PLUS: DOWNTOWN PARKING, NEW TRASH HAULERS, BRUNSWICK GARDEN TOUR, CANAL TOWNS ART TRAIL, AND MORE



ELLIS BURRUS

A community meeting on flood planning was held on July 24 at the City Park Building.

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U.S. POSTAGE
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EDDM RETAIL

BRUNSWICK NEWS

Flood Planning CONTINUED

Continued from page 1

happen only once in 100 years. It means that there is a 1% chance of such a flood happening in any given year. Likewise, a 25-year flood means there is a 4% chance of such a flood happening in any year, and a 10-year flood a 10% chance of happening in any year.

Climate models from the NOAA National Center for Environmental Information predict that the Brunswick area will get more rain than average in the next 25 years; thus, the odds that these larger and even catastrophic floods will happen here are ever-increasing.

Galyn Manor and Brunswick Crossing have stormwater catchment ponds that are equipped with piping that sends stormwater to the Potomac. They drain slowly so that any detritus caught in the ponds stays there and doesn't pollute the river. If

the ponds fill up too fast and risk overflowing, the discharge rate through the piping can be increased.

The city won a federal grant to buy and install radar equipment at the ponds that would alert Public Works to heavy rains and the need to release the stormwater faster than usual. It was unclear at press time whether the federal funds will come through.

Without stormwater management infrastructure in place in the historic area of Brunswick, these larger amounts of water can lead to indoor flooding.

Community Questionnaire

Dewberry and city staff have developed a community questionnaire that they would like all households and businesses in town to fill out and submit, even if you have not experienced any flooding issues in your home or

place of business. The questionnaire seeks information on indoor flooding from events such as heavy rain, broken water pipes, overflowing streams/creeks or other issues. All such information will go into the study and will help determine what mitigation efforts are needed.

The questionnaire is on the city's website: www.brunswick-md.gov – click on "Environmental Programs." From that page either scan the QR code or click just below on "link for desktop" to submit your answers online. You can also print out a hard copy, fill it out and take it or mail it to City Hall.

The second community meeting will be held in September. There was no specific date at press time, so watch the city's website and social media platforms for more information. ■

New Trash Service for Brunswick



Brunswick's new trash collection provider, Ecology Services, making the rounds in August.

By JANE CLIFFORD

As of July 1, Ecology Services has officially taken over trash collection for the City of Brunswick, replacing J&J Trash Services, Inc. While new to Brunswick's trash service, Ecology Services is a familiar name to residents as they currently provide the recycling services for Frederick County.

According to city officials, no changes to the service are expected. However, residents may notice a difference in pickup times during the initial transition period, as the new provider learns the trash routes, which differ slightly from recycling routes.

Here are a few other things to know about the new service:

- No changes to trash collection days or routes.
- The 2025 schedule for yard waste pick up and bulk trash remains the same and will be managed by Ecology Services.
- Residents now have a direct line to Ecology Services' customer service team for reporting service issues or requesting new bins.

- The new contract is for one year, with an option to extend.
 - Cost will be \$37.25 per quarter for residents and \$250 per quarter for restaurant and food service establishments as of July 1, 2025. This is a modest increase from \$35 last year, but unrelated to the new contract. The adjustment was made earlier by the city to help close a longstanding deficit in the trash fund.
 - Recycling remains a free service provided by Frederick County.
 - Ecology Services observes seven federal holidays (New Years Day, MLK Jr. Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas). If your regular collection day falls on one of these holidays, pickup will occur the following day.
- Ecology Services was selected as the new provider due to cost savings; their proposal was significantly less expensive than the previous contractor's.
- For a full list of regulations, acceptable items, and updates, visit the Brunswick City website at brunswickmd.gov and click on Public Works, where there are links to "Trash & Recycling" and "Yard Waste & Bulk Trash." ■

Big Turnout at Brunswick's National Night Out



Nelson Smith stands beside Rescue Squad 19 which he helped design in 2011. With his back to the camera is Brunswick Volunteer Ambulance Co. president Andy Smothers, whose shirt with the slogan "Nelson Strong" was the same shirt worn by all ambulance members present. It celebrates Smith's nearly 50 years with the ambulance company and shows support during his current illness.

By ELLIS BURRUSS

Tuesday, August 5, was a beautiful evening for Brunswick residents to meet their local police force and other first responders in our community — the ambulance and fire company volunteers.

Several hundred people visited the National Night Out event that was held in the park at the city swimming pool. While police officers grilled hamburgers and hot dogs, ambulance company volunteers gave out snow cones and various snacks. Other local organizations also participated.

The police dog, Kyro, and Officer Brandon Smith, his trainer, put on a demonstration. Kyro was in the police car when Officer Smith dropped a small metal tag in the grass. When Kyro emerged from the car, his response to Officer Smith's order was prompt and precise. When given instructions to do so, Kyro ran around the area, nose to the ground, until locating the article. He then lay down, nose pointing to the target of his search. The crowd applauded.

The equipment on display included fire engines, ambulance and rescue vehicles and, of course, police cars, some with lights flashing. All of this equipment is available to serve anyone in trouble, day or night. But all this equipment would be useless without dozens of volunteers and professionals. Many of them were on hand to explain what the equipment can do when needed.

Volunteers with the ambulance company are more than just people with a few hours to spare. They dedicate much of their free time, including nearly 500 hours of training and 36 hours a year for continuing education, so they can help when called. ■



Canine Kyro awaits orders from Cpl. Brandon Smith.

BRUNSWICK NEWS-JOURNAL

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Notices of events, news stories, photos, and interesting articles, poems or stories may be submitted by regular mail or email to: Editor@BrunsNews.com

GOOD TIMES, GREAT CAUSE

TWO EXCITING EVENTS SUPPORTING BRUNSWICK MAIN STREET

SEPT. 7

TRIVIA NIGHT

SMOKETOWN BREWING
223 W. POTOMAC ST
5 PM - 7 PM

get your tickets

OCT. 25

HALLOWEEN CARNIVAL

2 E. POTOMAC ST
6 PM - 8 PM

BRUNSWICK CITY COUNCIL

Mayor and Council
August Update



Back Row L-R: Brian Sandusky, John Caves, Andy St. John, Eric Smothers
Front Row L-R: Daniel Yochelson, Nathan Brown, Angel White

By JULIE GOURLEY

The lazy days of summer will soon end and while Brunswick City Hall remains busy as usual, the news-worthiness of the summer workload is a bit lighter as vacations slow things down. Still, there's plenty going on.

Storm Drain Safety Initiative

Following the death of a child caught in a stormwater pipe in Mt. Airy on July 31, Mayor Nathan Brown directed the Public Works department to assess the city's storm drains, followed by a public safety initiative via social media and the city website. Public Works will conduct a system-wide review to identify and classify high-risk storm drain locations and implement solutions such as grates or signage. The city will incorporate hazard language from this assessment into the stormwater management plan being developed (see separate article on page one).

Springdale Summit Moving Along

The City Council passed two resolutions, 2025-27 and 2025-28, related to the Springdale Summit development (formerly known as the Cooper Farm). Resolution 27 covers several routine aspects of housing developments including the pacing of water and sewer tap approvals over the ten-year build-out timeline; State Highway Administration approval of the traffic study that will add sidewalks on MD 464 (Souder Road and Point of Rocks Road) and improved intersections in the vicinity; swapping the on-site water tower for a \$2 million developer contribution toward the ground-level drinking water reservoir on Souder Road; the pace of building permit issuance; expansions of the water and wastewater treatment plants; and improvements to the wastewater conveyance system via the existing Galyn Manor pump station and underground piping between H Street and Gum Springs Road. Resolution 28 is the adoption of the water and wastewater agreement between the city and the developer, Natelli Communities. The agreement sets out what the residential water taps can be used for; service capacity

fees; and public works requirements. When asked when Natelli Communities will break ground, city Planning Director Bruce Dell said, "At the latest a year from now; maybe in six months."

Funding for Capital Improvements

With the end of American Rescue Plan Act (ARPA) funding and the loss of virtually all federal funding for public works projects, the city sought advice from a consultant on the best funding options for four large, expensive projects:

- Phase 1 of the wastewater treatment plant upgrade (\$8.3 million);
- Ground-level drinking water reservoir replacement (\$6.95 million);
- Sports complex overhaul Phase II (\$2.5 million); and
- Phase III of the B&O Railroad Park (\$300,000).

Davenport Public Finance suggested four funding options that would work together with developer fees from the two housing developments and possible grant funds:

- Public bond sale, with or without a Bond Anticipation Note (BAN)
- Direct bank loan
- Maryland Community Development Administration (CDA) pooled financing
- USDA Rural Development Loan

After a lengthy discussion of the pros and cons of each option, the Council voted unanimously to package the four projects together (\$18,050,000) and do a public bond sale with a BAN (a type of short-term financing consisting of interest-only payments for the entire term, and principle paid in full at the end of the term). Davenport noted that incurring this debt on top of existing bond debt is manageable within the city's finances, and that the city's excellent bond rating (Aa2) would mean good market reception and low interest rates. The city may seek additional funding, if necessary, through CDA pooled financing with other Maryland communities.

FROM THE MAYOR'S DESK

Hello and happy
September to all
of you!

Over the past five years, Brunswick has experienced an exciting journey — one that I think is marked by steady progress, strong partnerships, and a shared commitment to revitalizing our community. I want to share some of the highlights, challenges, and achievements that are shaping the future of our city.

This isn't just a list of numbers or names — it's a snapshot of the dedication, hard work, and vision that have brought us to where we are today. And while I hope this gives you a better view of the "big picture," writing also gives me a moment to step back and appreciate just how far we've come.

Over the past five years, downtown Brunswick has welcomed a wave of new energy. Here are just some of the businesses that chose to open their doors in our downtown area:

- Ampersand**
Traveling Bros Cigars
Whistle Punk Deli
C&O Tattoo
Lockhouse Gallery
Potomac River Interiors
Maple & Rye Bakery
Smoketown Bait and Tackle
Maison Bakery

Even as ownership changed, beloved staples like Beans in the Belfry and Smoketown Brewing Station stayed rooted in our city, continuing to serve as cornerstones of our community. Revitalizing a historic downtown takes more than vision — it takes resources. Thanks to a strong partnership between the City of Brunswick and Brunswick Main Street, we've secured over \$3 million in grant funding to support infrastructure, restore



buildings, and improve public spaces.

Brunswick Main Street:
\$1,199,900

Key investments include:

- Train Viewing Station upgrades
- Martin's Creek Parking Lot improvements
- Multiple rounds of Community Legacy grant funding dozens of building projects
- The Building Blocks program, supporting downtown building improvements through City, State, and federal funding

City of Brunswick:
\$1,852,500

Major grants supported:

- The Kaplon and Newberry building purchases
- Upgrades to the B&O Railroad Park
- Enhancements to the Heritage Museum
- Parking lot improvements and more

City Infrastructure Investment: \$706,000

The city also directly invested in:

- \$500,000 for sidewalk improvements
- \$75,000 in upgraded water lines
- \$100,000 in subsidies for businesses needing larger water service

- \$31,000 to pave Martin's Creek Parking Lot

Combined, these public investments total an incredible \$3,758,400.

We are still collecting private investment totals, but it's clear that business owners and property owners have matched the City's commitment with investments of their own—reviving buildings, upgrading properties, and believing in Brunswick's potential.

Of course, progress hasn't come without obstacles. Brunswick is a historic city, and with age comes complexity. Rehabilitating buildings meant navigating easements, installing modern sprinkler systems, and upgrading water lines — all costly but necessary steps.

Meanwhile, aging infrastructure required attention too — from sidewalks and street lighting to major projects at the water and wastewater treatment plants. On top of that, we've worked hard to change perceptions, pushing past the reputation of vacant storefronts and limited walkability, and proving that downtown Brunswick is vibrant, welcoming, and full of opportunity.

This transformation didn't happen by chance. It happened because of deliberate action, community collaboration, and a shared belief in Brunswick's future.

What's happening here is more than just a downtown makeover. It's a citywide renewal — a comprehensive effort that includes housing development, infrastructure upgrades, economic growth, and a deep focus on community well-being. Each success builds on the next, creating momentum that benefits residents today and sets the foundation for generations to come.

So, as we head into a new season, let's celebrate how far we've come — and keep working together toward what's next. ■

— Nathan Brown

In Other News...

- Puerto Rico Distillery plans to occupy its building on 5th Avenue by the end of this year.
- Public Works planted 120 trees at the baseball park in the sports complex.
- Code Enforcement reminds all homeowners and business owners that trash must be bagged and placed inside trash cans. Ecology Services does not pick up scattered trash nor trash bags sitting on the ground.
- The National Park Service and the Brunswick Police Department renewed their general agreement governing cooperation in protecting life and property within the boundary of the C&O Canal National Historical Park for five more years.
- The city is developing a "Mission, Vision, and Values" statement applicable to city employees in carrying out the work of the city government. ■



Brunswick City Councilman John Caves recently travelled to Kazakhstan. He called into the July 23 Mayor & Council meeting from there, but the audio didn't work and nobody could hear him. Great success? Not!

BRUNSWICK NEWS

How Do You Like the New Parking System Downtown?

By JEAN DOYLE

On the first of April, the Park Mobile app system went into effect in downtown Brunswick. Everyone who drives downtown has been adjusting to the changes.

The old meters were removed. Now you get two hours of free parking, which everyone likes, but you have to register your vehicle and credit card information on the Park Mobile app, then log in when you park to avoid getting ticketed. The parking hours that are regulated are 8 a.m. to 6 p.m. every day.

So, what do people think about the new system? I asked a few business proprietors, a few residents, and a few out-of-town occasional visitors what they think of the new system. This is not a scientific survey, but the responses suggest that drivers might need more time to adjust to the new system.

Businesses were asked three questions:

- Do you think the new app system has been an improvement to parking in downtown Brunswick?
- Have you noticed any change in foot traffic into your business since enforcement began?
- Have you provided parking instructions for your customers?

Percy, of Whistle Punk Farm Deli, said “No” to the first question about the app improving parking. She said people just don’t know how to use the app. She thinks the instructions aren’t clear enough or people just don’t read the instructions. They see two hours free parking on the signs and then don’t register.

She said that foot traffic into the Deli has increased somewhat since April, although it's not known if parking availability is the reason. This business does provide instructions to customers by displaying a printed sheet from the City government, which explains the steps for using the Park Mobile app.

Lisa Tumbarello, of Potomac River Interiors, said “yes” to the question of the app improving parking. She said there are now open parking spaces on Potomac Street, and she can see customers pull right up and walk into her store.

One downside that she noted is if there are no events going on in town the street can look empty and deserted. She has seen an increase in foot traffic into her store

Julie Kloetzli at the Park Mobile sign outside the Brunswick Heritage Museum.

but doesn't know if that is because of parking. And, yes, she provides instructions about how to download the app, and reminds customers to use it.

Desta O'Connor and Julie Kloetzli, at the Brunswick Heritage Museum, said “no” to the first question. They don’t think the Park Mobile app is an improvement over the old meters. The meters were so easy to understand, and people didn’t have to put credit card information on the internet. But they liked that two hours are free and you don’t need quarters.

They have seen visitor numbers go up at the Museum, but don't think this is related to parking issues. And, yes, they explain the parking app numerous times, and frequently to the same people. Occasional visitors to town just find the parking system difficult. They mentioned that a couple of times visitors have been unable to register their parking, even with help.

For visitors and residents, I asked these questions:

- Have you parked more or less in downtown since the Park Mobile app system is being enforced?
- Have you registered your car on the app?
- If you haven't registered your car, what is holding you back?

John Donoghue, Brunswick resident: He has parked about the same number of times, but he hasn't used the app or registered online. He hasn't gotten ticketed because he is either just running a very quick errand, or he is parking after 6:00 p.m. to go to dinner or to pick up carry out food. He said he just hasn't taken the time to load the app on his phone, but he is planning on doing it.

Carla Malik, Brunswick area resident: Her number of trips downtown are about the same. She has loaded the app and has used it. She reports that sometimes she can't get the app to pull up to register her parking. She thinks this is a connectivity issue with her cell phone coverage.

Kathy Dolly, Brunswick Crossing resident: She has made the same number of trips downtown. She has not downloaded the app or used it to park. She didn't know that she needed to have the app to park, and luckily, has not gotten ticketed.

Diane Sandy, Washington County Resident: She has made about the same number of trips, which is about once a month. She hasn't loaded the app yet, but is planning to do it. She said that she thinks the app will be an improvement over the kiosk system that didn't usually work.

A nearby Washington County resident, who prefers to remain anonymous: She is coming into town just as often, but she always parks on a side street, so she doesn't have to deal with the app. She doesn't want to put her personal information on the app.

My personal observations: I come downtown just as often, and I have put the app on my phone. At first, I dreaded it as I had to allow more time to figure out how to register my parking session. But I have found that the more often I use the app, the easier it becomes. After talking to folks on this issue, one thing is certain — people still have lots of questions about parking. ■



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*Menu includes spaghetti, salad, garlic
bread, dessert and drink*

Sponsored by Brunswick Vol. Ambulance & Rescue

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A stack of three books with a red apple and two pencils resting on top. The books are of different colors (black, white, and yellow). The apple is red and shiny. The pencils are yellow and red.

Folden Deems BHS Assault Situation Unacceptable

Demands Answers, Seeks Intervention from State AG

By BILL CAULEY

The incident regarding several players from Brunswick High School’s boys lacrosse team last spring and how it’s being handled by Frederick County Public Schools has drawn the ire of State Senator William Folden (R-District 4).

Folden, who represents most of Frederick County, including Brunswick, met with a mix of concerned parents and residents on Friday, Aug. 8, at Brunswick City Park. His take on the entire situation is not good.

“There has been a breakdown in communication between the school system and how this situation has been handled,” Folden said. “The notification process has been too long and it’s got to get better. There’s a lack of transparency here.”

Folden has now asked Maryland Attorney General Anthony Brown to intervene.

At the heart of this issue is a pair of occurrences in the boys’ locker room at BHS last spring after school. Several members of the boys lacrosse team assaulted one of the players multiple times.

The incident was reported to school officials, the Brunswick Police Department and the Frederick County Sheriff’s Office. Katie Robine, spokesperson for the sheriff’s office, re-affirmed in an email the investigation is ongoing and no new information was available.

Brandon Oland, spokesperson for Frederick County Public Schools, said in an email it is school policy not to comment on legal or personnel matters. “That’s been our response to similar questions,” he said.

Multiple lawsuits have been filed against the local school system resulting from this situation. These cases are currently working their way through the court system. No new information has been released.

BHS athletic director on leave

Kirk Meehan, athletic director at Brunswick High School, is on leave, BHS principal Eric Schwarzenegger said in an email to the BHS school community. David Spezio is serving as acting athletic director,

Schwarzenegger said.

No additional information regarding Meehan’s going on leave was provided.

Citizens speak out

It’s this silence, along with lack of updates, which is frustrating Folden, State Del. April Miller, and a host of citizens and parents in the local community who were at the meeting.

“It’s taking too long,” Brad Eye, an active member of the Brunswick sports community and a parent, said during the meeting. Eye said there has been a constant shifting of blame between BHS officials and FCPS central office personnel.

“The whole thing is one big mess,” Eye said. “The Brunswick community deserves better than this.”

Miller, a former member of the Frederick County Board of Education, now a state delegate serving the Brunswick area, said she feels the community’s pain.

“As a mother of three, seeing what’s happening in this community over what has happened just breaks my heart,” Miller said, adding she also wants answers and transparency from the school system.

J.T. Naylor, a longtime member of the Potomac Valley Youth Association, said he’s noticed some school administrators don’t seem to be invested in the local community, that they don’t come to local youth events. PVYA is one of several youth sports groups that utilize BHS athletic facilities.

Folden met with Superintendent Dyson

Folden said he knows disciplinary action was taken against some of the lacrosse players, but not all those involved. He said he’s had discussions with FCPS superintendent Cheryl Dyson, as well as with her legal counsel.

Their responses, Folden said, were not satisfactory, likening it to a “circle the wagons” approach. Folden said Dyson

said his discussions with them brought out some good talking points.

Nevertheless, Folden was not pleased with the outcome of his meeting with Dyson and legal counsel.

“The answers they gave me were not good answers,” Folden

“There’s a lack of transparency here,” Folden said.

said. “I told them their lack of action in this case makes them complicit in this situation. I told them: ‘you have a problem.’ They didn’t like hearing that.”

Folden said school officials told him they were unable to interview some faculty members regarding the incidents because they were 10-month employees and not available over the summer months. Folden’s response was to reach out to these people.

“They should make some calls, go to their houses, pay them for the maybe two hour’s salary time, just go get the facts,” Folden told the gathering. “I’ve been contacted by a lot of people.

They’re all saying the same thing. There’s no accountability.”

School safety is the concern

A major concern is reports these players were in the BHS building unsupervised at the time this incident took place, Folden said. “That’s not OK,” he said, “It’s contrary to school policy.”

Folden said what’s been happening is an embarrassment to most BHS faculty members, especially to those living in the Brunswick community. He said some of them are hesitant to wear the school colors when out in the area.

“This whole situation is so sad,” Miller said. “It’s a violation of trust when it comes to our children.”

Folden said the bottom line in all of this is there needs to be changes made.

“It’s been four months since we’ve heard anything,” he said. “All we want the school system to do is follow the policy. If changes have to be made, make the changes. People need to be held responsible for their actions. The safety of our children is top priority. We need to make sure something of this nature never happens again.” ■

BRUNSWICK POLICE DEPARTMENT MONTHLY REPORT

JULY 2025

TRAFFIC ENFORCEMENT ACTIVITY				
	Month	YTD	PY Month	PY YTD
Maryland State Citations	33	229	25	75
Maryland State SEROS	10	44	7	35
Warning Citations	102	609	61	494
Parking Citations (paper)	27	206	0	46

CRIMINAL ACTIVITY				
	Month	YTD	PY Month	PY YTD
Calls for Service	1,749	11,738	797	5,774
Homicide	0	0	0	1
Rape	0	3	0	2
Robbery	0	0	0	1
Assault	4	32	3	53
Breaking & Entering	0	1	0	6
Theft	3	28	4	29
Auto Theft	0	0	0	2
Adult Arrests	6	54	12	53
Juvenile Arrests	0	4	3	16

OTHER INCIDENTS				
	Month	YTD	PY Month	PY YTD
Motor Vehicle Accidents	11	55	9	80
Emergency Evaluations Mentally Ill/Suicidal Persons	9	56	4	49
Overdoses	0	6	2	9

YTD = year to date PY = previous year N/D = no data SEROS = safety equipment repair orders (a law enforcement officer can issue a SERO to the operator of a vehicle with defective or non-functioning equipment, such as a taillight)



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Interchange Work on U.S. 340 Begins This Month

By MARK ROHNER

Expect disruptions on U.S. Route 340 in both directions for the next year and a half as work proceeds on improving three interchanges in the Brunswick and Jefferson areas.

The Maryland State Highway Administration has awarded a contract for lengthening on-ramps at the interchanges and work is scheduled to begin this month (September). The project is expected to be completed in spring 2027, according to the SHA.

The contractor is working on a schedule and field office, the SHA said on August 15.

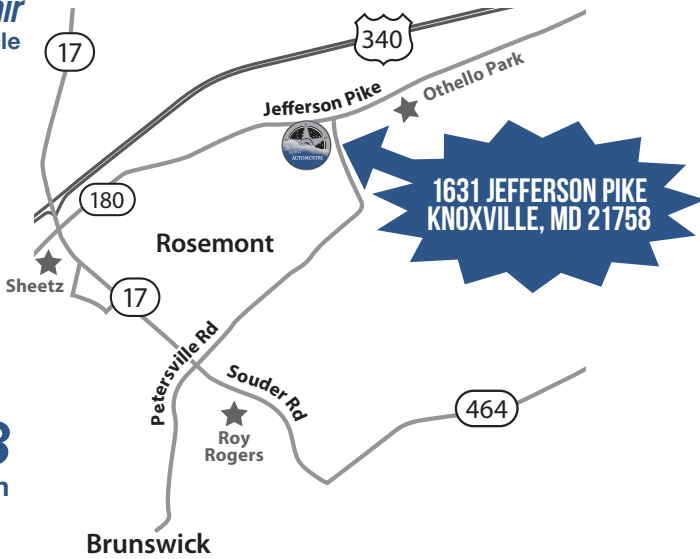
The three interchanges, connecting U.S. 340 with Maryland Route 17, Maryland Route 180 and U.S. Route 15, currently have limited or no merge areas and obstructed views of U.S. 340, where the speed limit is 65 mph and traffic usually moves faster than that.

All three interchanges will also get stormwater management and drainage improvements, plus lighting upgrades and landscaping. ■

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BRUNSWICK NEWS

Michelle Moore’s Mission is Teaching Art to Benefit Others



Beth, MaryBeth and Mark (seated) are focused on drawing while Michelle & Elaine watch.

By JEAN TOLEMAN

Michelle Moore has a passion-driven mission: to teach art. She has found a way to do that by offering free classes to non-profit and community organizations.

Moore is a self-taught artist. “From the time I could hold a crayon I was doodling, which became drawing. My dad and my public school art teachers were very supportive,” she said. “Later, I would record the ‘Joy of Painting’ with Bob Ross and then watch the episodes over and over until I got it.” She has taken classes at the Delaplaine Arts Center and Hobby Lobby and said her persistence paid off. “I had been a closet artist, making stuff and putting it in the closet,” Moore said, but now she gives away her finished pieces.

Volunteering at the Senior Center

During the Covid pandemic, Moore took a virtual exercise class at the Brunswick Senior Center. She frequently wore T-shirts with inspirational art sayings, like, “The earth without art is just “eh”, “I’d rather be painting” and “I am an Artist, I live in a world full of light and color.”

Cathy Barnes, the Senior Center director, saw these and one day said, “So you’re an artist?” Barnes was looking for someone to teach art at the center once a month. Moore jumped at the chance and started volunteering. “I had been praying on how I could use my God-given creativity and this was it,” Moore said.

In 2023 she taught her first watercolor class at the center. Now she leads groups through a different craft each month and a watercolor class once a quarter.

At the Senior Center in July, Moore was working with a group from the Scott Key Center. They were busy finishing works that would be submitted to the Frederick County Fair. Elaine Stine, Community Support Specialist B at the Scott Key Center, who accompanied the group, said they enjoy coming every month. Each year they submit art in a different medium. This year’s project is mixed media.

Moore teaches two classes at the Senior Center once a month. One is for the seniors and Scott Key clients and one for the community. For more information, contact the Senior Center at 301 834-8115.

Donating to the Brunswick Arts Council

This past spring Moore attended one of the Brunswick Arts Council meetings. Although she felt intimidated at first, she returned the next month. At that meeting the group talked about offering free art classes to the community. She again volunteered. In July, she offered an acrylic painting class and over 33 people attended. She is planning to offer another class in October or November.

Teaching at Her Church

“I love teaching,” Moore said. She especially loves sharing art with people who have never done anything like painting before. In a class she gave at her

By JEAN DOYLE

Senior Center Happenings

The Summer Session continues through September. The Fall Session catalog will be online in mid-September at the Dept. of Aging and Independent Living website: www.FrederickCountyMD.gov/DAI. The opening registration date for the Fall session will be included with the catalog on the website.

To register online go to: <http://frederickcountymd-gov.3cartstores.com>

The Senior Centers will be closed on September 1 for the Labor Day Holiday.

Trips in September & October

Wednesday, Oct. 1—Toby’s Dinner Theater. Featuring the hits of the Bee Gees! Time: 9:30 a.m. to approximately 4:30 p.m. Cost: \$105 per person, including a buffet lunch. Bus leaves from the Frederick Senior Center. Register by Friday, Sept. 5. For information call 301-600-7020.

Wednesday, Oct. 15—Harriet Tubman Underground RR National Historical Park. Located in Church Creek, Maryland. The cost, time and more details about the trip will be available in the Fall catalog. Registration opens on Friday, Sept. 12. This is expected to be a very popular trip, so register early. For information call 301-600-7020.

Local Day Trips

Tuesday, Sept. 16—Art and Architecture Walking Tour of Frederick. Explore the architecture, art and history of downtown Frederick in an approximately 90 minute walking tour. There may be uneven pavement and limited seating during the walk. Register by Wed., Sept. 10. Time: 12:45 to approximately 3:30 p.m. Cost \$20 per person. Leave from Frederick Senior Center.

Wednesday, Sept. 17—Take a trip to the Great Frederick Fair. You will be on your own to look at the displays and explore the fairgrounds. Time: 9:15 a.m.to approximately 1:45 p.m. Cost: \$10 per person. Bring money for lunch. Leaves from the Brunswick Senior Center. Register by Wed., Sept. 10, at 301-834-8115.

Special Events at the Brunswick Senior Center

Wednesday, Sept. 17—Getting Your Documents in Order & Renters’ Rights. Presented by Maryland Legal Aid. The first half will be on wills/advance directives/POA’s. The second half will be a renter’s rights housing presentation. Time: 9–10 a.m. Free, pre-registration appreciated at 301-834-8115.

Wednesday, Sept. 17—Intake Clinic with Legal Aid. Do you have a legal question? Drop in during the scheduled clinic hours to complete an intake. Follow-up will be provided at a later date as needed. Time: 10 a.m.–12 noon. Free, Drop in. Presented by Maryland Legal Aid and the Frederick County Division of Aging and Independence.

Tuesday, Sept. 2—Blood Pressure Checks and Safety Presentations. Time: 11 a.m. September topic is Emergency Preparedness Tips.

Friday, Sept. 5—Veterans Coffee Social. First Friday of the month; Penny’s Diner, 60 Souder Road. 10–11:00 a.m., Free, Drop in.

Thursday, Sept. 14—Monthly Dinner Dance. 2–5 p.m. at the Brunswick Eagles, 401 Central Ave., Brunswick. \$12 per person. Paid reservation one week in advance. Call 301-834-8115 to register.

Thursday, Sept. 18—Watercolor “More Seed Please.” Step by step instructions for all skill levels. Cost \$5, time: 1:30–3 p.m. Pre-register at 301-834-8115.

Thursday, Sept. 18—Weis Nutritional Talks. Time: 12:30. Topic is Whole Grains 101. Presented by Christina Fritz, Regional Dietician, Weis Market.

Monday, Sept. 22—Fall into Fall Luncheon. Time: 12 noon, special Fall lunch for the Lunch Bunch. Register by September 12 at 301-834-8115. \$6 suggested contribution toward the cost of the lunch.

Thursday, Sept. 25—Lunch Out with Friends. Boxcar Burgers at 12 noon, pre-register at 301-834-8115 and bring \$ for lunch.

Friday, Sept. 26—Circle of Friends Memory Cafe. Time: 11:30-1:00, Free, Pre-register at 301-600-6022.

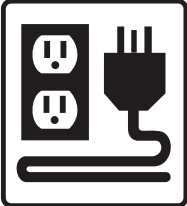
Don’t forget all the many and varied ongoing activities and programs at the Brunswick Senior Center. Call 301-834-8115 for more information or stop by the Senior Center at 12 East A Street. ■

church in Boonsboro, students ranged in age from 5 to 80. There was a family group and they said it was such a treat to do something like this together,” Moore recalled, “A woman who had never painted before decided to try it because there was no big financial investment.” A man in her two-hour class said all he thought about was the art, Moore stated.

Moore and her husband, Robert, have lived in Knoxville for 25 years. She worked for the U.S. Postal Service for 16 years, the last two years as the postmaster at Point of Rocks.

Moore works in stained glass, fused glass, drawing, color pencil, oil, acrylic, watercolor and crafts. “Art is my ministry, to share beauty with others.” She indicated that art for her will never be a business. “Selling for me is not fun; I just want to share so others can enjoy.”

Moore has exhibited some of her works and will be donating a couple of pieces to the Brunswick Arts Council for Railroad Days. She said, “If they sell, the money will go to the Council.” ■



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LOCAL NEWS

Back to School Means Back to the Cafeteria

BY JEAN TOLEMAN

Children are back in the classroom and back to eating school food. Frederick County Public Schools provides two meals a day for students but, according to their webpage, their goal is to provide much more: "FCPS Food & Nutrition Services promotes the health and wellbeing — and the academic achievement — of all students by providing appealing and nutritious meals that meet established dietary guidelines." The school system also has a Wellness Regulation for students that includes nutrition education.

So how are they doing, especially with funding cuts to programs that impact child nutrition?

Dennis R. Smith II, Director of Food & Nutrition Services (FNS) for Frederick County Public Schools, indicated they are monitoring the changes closely. "The cuts that have currently been announced do not affect the National School Lunch and Breakfast programs," Smith said.

The cut that has been announced to school meals is the Local Foods Grant/Initiative (Farm to School). FCPS is continuing to utilize local foods without having a grant opportunity. Food Advocacy Resources Education (FARE) has acted as an intermediary between growers and schools. It received its first USDA Farm to School Grant in 2018. The goal of the grant was to provide students with access to locally grown, nutritious fruits and vegetables. According to its webpage, in 2021–2022 it purchased \$81,109 worth of produce from local farms. The program continues with a veggie van and education. For more information visit f2sfrederick.org. Brunswick schools had not been participating in this program in the past.

ODC / UNSPLASH



School meals meet USDA guidelines

The meals provided by FCPS meet state and federal requirements, which are based on USDA Dietary Guidelines. According to Smith, the school system receives products through the USDA/Maryland State Department of Education, and it purchases foods from approved outside vendors. The foods are stored in a centralized warehouse. Individual schools order from the warehouse weekly and the foods are delivered by FNS drivers. Direct shipments to schools are also made from outside approved FCPS vendors. Food is prepared at base schools in each school's region and from there distributed to individual schools.

New Dietary Guidelines for 2025–2030 are expected to come out soon. Smith said they are monitoring the expected changes and have already implemented the ones concerning artificial dyes, sodium and fat content.

Breakfast consists of milk, a fruit and/or fruit juice, grain and/or protein with a selection of three required, one of which must be a fruit or juice. Lunch consists of milk, fruit, vegetable,

grain and protein with again three selections required of which one must be either a fruit or vegetable. If a child has special dietary needs, a form can be submitted to the school nurse or health room tech. Dietary requests for religious or other reasons can be sent to food.service@fcps.org.

Cost of school meals are up

The cost of meals went up 15 cents this year. To qualify for free or reduced-price meals, a family must complete the electronic meal benefits application which became available on Aug. 4 at LINQ Connect. This year the applications will only be accepted online and are available in several languages. A family must reapply each year to get the reduced-price meals. Without a new application, benefits expire on October 25.

Students who do not have funds for meals on a given day are allowed to charge the meal. Smith said no child is denied a meal. There are a limited number of meals that can be charged and the school notifies the parent or guardian via email of the charges. If the issue continues, follow-up with the family occurs with assistance provided.

This year, for the first time, Brunswick Elementary School is asking the community for donations specifically to help cover lunch debt. According to Cheryl Tregoning, administrative secretary at BES, organizations have made donations to the school be-

fore, but they went into a general fund at FCPS and were divided up among the different schools. Now individual schools can set up their own accounts. Lunch debt is expected to increase as fewer children qualify for SNAP and Medicare benefits due to the changes in requirements and federal cost shifts, according to the school nutrition association (schoolnutrition.org).

Nutrition education is available

FNS also provides nutrition education. Smith indicated there is nutrition related signage in the cafeterias and nutrition education for students, teachers and families is on the FNS website. "The Apple A Day" video on their site is very well done, informative and fun to watch. They have a Culinary Specialist and Program Administrator that do school group taste testing and provide other nutrition education services. They have also started survey groups and hope to expand these.

What do kids and parents think of school food

Children are a very discriminating population when it comes to food, some might even say "picky." So, while the Director of Food Services and the FNS webpage look and sound like the nutritional needs of students are being met in a yummy, healthy way, how do students and their families see it?

A questionnaire responded to by 23 families with over 30 children in all three Brunswick schools shows a little different picture. Comments about the school meals included:

- too many carbs
- wish that the meals were more healthy
- food is bland, boring and repetitive
- not enough vegetarian options
- not enough fresh items

Most of the people responding indicated the foods were too processed with "totally processed, makes plastic look natural" an extreme response. Probably a more accurate response was: "Not as fresh and nutritious as they claim." Less than one-third of the respondents were aware of their children receiving some nutritional education. 74% indicated concern with federal funding cuts to nutrition programs, not so much for themselves, but for families with reduced incomes.

This year Brunswick Elementary School is asking the community for donations to help cover lunch debt.

Would your favorite restaurant still be your favorite if you had to eat there two meals a day five days a week, every week for nine months? Institutional food service is a difficult world and school food service even more so. Providing interesting, nutritious, varied meals five days a week to a clientele with extremely varied needs and preferences on a very tight budget is a big job.

To keep up with school food and nutrition services, students and families can download a mobile menu app, which provides daily menus, nutrient information, menu descriptions and much more. The Wellness Regulation for students (409-01) can be read in full on the FCPS FNS webpage.

Jean Toleman is a retired dietician, living in Knoxville, who worked in the field of diet and nutrition for over 30 years. ■

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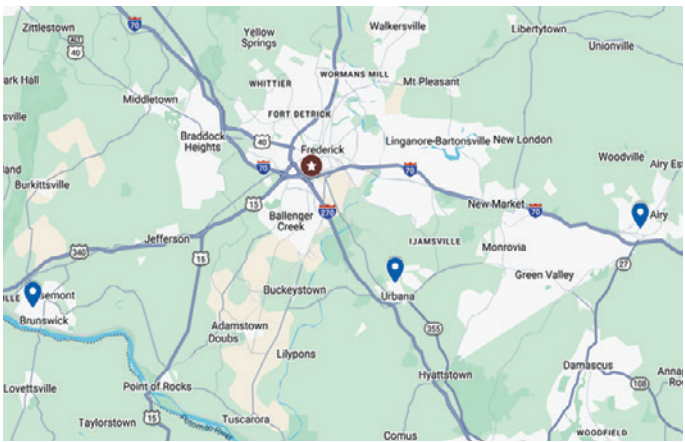
Eiman Nabi, M.D.

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JEFFERSON



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BRUNSWICK

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Brunswick optometrist and optical shop. Current optometrist Carolyn V. Ormes, OD. Amusing displays in bathroom (eyeglass mirror; eye disease poster; retro/historical optical display in cabinet). Brunswick reminded Dr. Ormes of her grandparents' hometown, the railroad town of Crawfordsville, Indiana, where her great-grandfather L.W. Otto was optician and jeweler. Brunswick Family Vision Center was established circa 1994 by Paul Heavner OD, renamed The Public Spectacle in 2015. Both locations (in the old shopping center and downtown) were formerly liquor stores.

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FREDERICK COUNTY NEWS

FROM CONGRESSWOMAN APRIL MCCLAIN DELANEY

My fellow Marylander,

This month marks the 90th anniversary of one of the most important promises our country has ever made to its people. In 1935, President Franklin D. Roosevelt signed the Social Security Act into law, establishing that after a lifetime of hard work, Americans should be able to retire with dignity and security.

Since then, Social Security has lifted 22 million people out of poverty every year — including nearly one million children. Here in our district, more than 140,000 of our neighbors count on it to cover the basics: rent, groceries and prescriptions.

This is not an “entitlement.” It’s an investment that every American worker has made.

This is not an “entitlement.” It’s an investment that every American worker has made with every paycheck, every overtime shift and every decade on the job. Social Security represents a promise: if you work hard and contribute, your country will ensure you can retire with dignity and provide some measure of security for your family.

Social Security under threat

But today, that promise is under real threat. Rising costs of living are straining seniors’ budgets. Cuts to staffing and funding at the Social Security Administration have made it harder for people to access the benefits they’ve earned. Proposals to privatize the program would put retirement



Congresswoman April McClain Delaney

security at the mercy of Wall Street, opening the door for private interests to profit from the hard work of Americans. Even the Treasury Secretary recently admitted that the Administration’s Big Budget Bill contains “a backdoor to privatizing Social Security.” That’s not reform — it’s a betrayal of the American people.

Protecting and strengthening Social Security shouldn’t be a partisan issue. It’s about keeping faith with the people who built this country — the steelworkers, teachers, veterans, small business owners, and caregivers who made America what it is today.

I am a proud co-sponsor of Rep. John Larson’s Social Security 2100 Act, which would not only ensure Social Security remains strong for future generations but also expand benefits for the first time in more than 50 years. Earlier this year, I had the honor of hosting Rep. Larson here in our district for a workshop on the bill and on retirement security. If you missed that conversation, you can still watch it on my Facebook page (Facebook.com/RepAprilDelaney).

But Social Security isn’t the only issue impacting seniors. Medicaid — which provides es-

sential home health care and long-term care — has been slashed in the Administration’s budget bill, threatening the ability of older Americans to live independently. The Supplemental Nutrition Assistance Program (SNAP) is also under attack. For many seniors on fixed incomes, SNAP makes the difference between eating regularly and going hungry. Cutting these lifelines is not only shortsighted, it’s cruel.

I believe our seniors deserve better. They deserve to know

Protecting and strengthening Social Security shouldn’t be a partisan issue.

that after a lifetime of hard work, the programs they have paid into and relied on will be there for them. They deserve health care that is accessible and affordable. They deserve nutrition assistance that ensures no one goes hungry. And they deserve a Social Security system that will not be gutted or sold off to the highest bidder.

Ninety years ago, Social Security was signed into law with the goal of guaranteeing economic security for all Americans who paid into the program. That promise remains as important today as it was in 1935. As your representative, I will keep fighting in Congress to protect, strengthen and expand Social Security, Medicaid and SNAP — because our seniors, our families and our future generations are counting on us to keep that promise. ■

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LOCAL NEWS

Brunswick Middle Teacher Receives American Legion Auxiliary Award

Amy Mossburg, a teacher at Brunswick Middle School, was recognized for the 2025 American Legion Auxiliary Department’s Crystal Apple award which recognizes outstanding educators for their significant contributions to the field of education. It acknowledges teachers who demonstrate excellence in teaching, leadership and positive impact on students.

Steadman Keenan Unit 96, the local American Legion Auxiliary Unit, nominated Mossburg for this statewide recognition. She was presented with this honor in July at the American Legion State Convention in Ocean City, with Unit 96 1st Vice President, Kim Rogowsky. This is an honor for a deserving local educator. ■



Amy Mossburg (on right) was recognized for the Crystal Apple Award from Kim Rogowsky, 1st Vice President of Steadman Keenan Unit 96, at the American Legion Auxiliary state convention.

Frederick County Health Department Offers Back to School Vaccination Clinics

The Frederick County Health Department (FCHD) is hosting Back to School vaccination clinics from August 6 to October 29 for children who do not have health insurance, have health insurance that does not cover the cost of immunizations, or who are unable to get vaccinated by their healthcare provider. Vaccinations will be given to these children at no cost. Appointments are required. Call 301-600-1733 to request an appointment or follow this link: <https://frederickcountymd-immi-training.app.transform.civicplus.com/forms/40373>

Children who have health insurance that covers vaccinations are encouraged to see their healthcare provider for any vaccines.

Maryland State Law (COMAR 10.06.04.03) requires all students enrolled in pre-kindergarten through 12th grade to receive age-appropriate immunizations. The Maryland vaccination requirements for the 2025-2026 school year are available at [health.maryland.gov](https://frederickcountymd-immi-training.app.transform.civicplus.com/forms/40373).

The Frederick County Health Department stated in a press release: “School vaccination requirements help protect children by making sure they are protected against vaccine-preventable diseases. Children who are not vaccinated can spread diseases to others, particularly to those who are too young to be vaccinated, or people with weakened immune systems, such as those with cancer. Schools must have proof of vaccinations before allowing a student to begin school. Students who

Jefferson Ruritan Club Awards Scholarships



Left to right: Juan Stull, Scholarship Chairperson; Taylor Fry; Audra Asbury; Alexyah Partyka; Alexander Atkinson; and Jim Morgan, Club President.

For the past 48 years, the Jefferson Ruritan Club has awarded college scholarships to area high school seniors. In 2025, six students were awarded \$2,000 each.

Audra Asbury and Alexander (AJ) Atkinson will attend West Virginia University; Taylor Fry will attend the University of Delaware; Rachel Johansen will attend Frederick Community College; Alexyah Partyka will attend the University of Texas at Arlington; and Sydney Williams will attend the University of Maryland.

Four of the scholarship winners and family members came to the Ruritan’s July membership meeting and spoke briefly about their goals and gratitude for the awards.

Information regarding the Jefferson Ruritan Club is on their website at jeffersonruritan.org or on Facebook.com/TheJeffersonRuritan. ■

have not received the required vaccinations may be unable to attend school until proof of vaccination is provided, according to Maryland requirements.”

For more information, see Health.FrederickCountyMD.gov/Immunization. ■



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GARDENING, AGRICULTURE

A Weed to Watch: Japanese Stilt Grass

BY MARIANNE WILLBURN

Usually, it takes a couple of hours outside on my hands and knees to get the wheels spinning towards a productive session with the laptop. This week I had 900 words lined up and ready to go within ten minutes of going head-to-head of one of my worst weeds: Japanese stilt grass (*Microstegium vimineum*).

Ten minutes of repetitive grasping, pulling and tossing massive wads of the stuff out of beds in the final minutes before it went to seed was all it took. At the end of four hours, I practically ran for the laptop in order that I could effectively distill the essence of my vitriol.

Perhaps you are still unaware of this monster. Twelve years ago, I certainly was, but then I lived on the top of a hill in a sunnier situation on a smaller lot. Japanese stilt grass loves the rich soil of a floodplain, is well adapted to partial and deep shade, and flourishes along the banks of streams and rivers. As such, it wants for nothing in my wooded stream valley.

It is a grass. A soft flowing grass that can illicit soft flowing comments from visitors that have never been up to their hocks in it. Whose shrubs have never been smothered by it. “How lovely! How green! How well it grows in shade!” they insist.

And... I weakly nod in agreement. If my entire property consisted of hard-to-mow slopes or stream banks, I might not take issue. But inconveniently, I dabble in growing other plants. And that’s something that *microstegium* cannot allow. Two to three feet tall, sometimes four when it needs to be, it roots at each node, creeping throughout beds already rife with seedlings. It’s tough to compete.

It is an invasive weed from east Asia. Like *ailanthus*, Japanese beetles, brown marmorated stink bugs and Hello Kitty, there is very little we can do at this point but pray for a natural predator.

It is thought that the first seeds were brought to the United States in shipping containers containing fine china. Anyone who has created three-foot stacks of the stuff only to fall, exhausted, onto one of them can attest to its cushioning properties and remarkable resiliency; but it does surprise me that this annual weed was first identified in Tennessee rather than the porcelain-hungry suburbs of Connecticut.

Nearly a century later it’s in half of the United States.

Japanese stilt grass seeds last up to five years in the soil, possibly more — each plant contributing as many as 1,000 seeds per cycle. Be



JOE BOGGS, OSU EXTENSION

warned: If you’re lucky enough to have a little in your garden right now, those are the kind of numbers that keep you up at night if you let it get established.

In our climate, you will see germination in mid-May as soil temperatures warm, but germination conditions will continue well into July, so spending 72 hours weeding a large bed over Independence weekend is not only futile but farcical.

The gardener’s mission is twofold: Keep it OUT of established beds and slowly eradicate it from other areas where it has taken over — working towards a point where odd seedlings are easily removed.

So. How do we do that?

Thick mulching: Laying down cardboard and topping it with up to four inches of coarse mulch will prevent seeds from germinating. But you must keep on top of it and

not allow neighboring stands to seed into decomposing mulch.

Dense planting: Deer have little taste for it, which is annoying, as they have a great taste for hosta, whose large leaves do an excellent job of smothering out seedlings. *Geranium macrorrhizum*, *Begonia grandis*, ostrich ferns, and others do a similar job.

Hand pulling: As weeding goes, it’s one of the easiest, particularly

when tall; but timing is everything. If you weed early and neglect to mulch, you *will* weed again. This is fine if you’re young. Otherwise, wait until mid or late August (just before it sets seed) to pull it out. New seedlings won’t have enough time to set new seed before the frost kills them. Then, get that mulch down and start waiting out the seed bank timer, weeding *as soon* as you see a stray offender.

Herbicide: A pre-emergent such as Preen can allow you to weed a section and keep it weed free, even if you aren’t able to weed and mulch the rest before it sets seed. For those who prefer a Scorch and Burn approach, it is responsive to glyphosate (as is the surrounding landscape), but this will *not* affect the seeds in the soil. And honestly, it’s just as easy to pull without pulling out big guns.

More information and ID photos are available through the websites of the USDA and the National Park Service. If you’re starting to see more of this invasive weed, act swiftly before you’ve got a problem on your hands. ■

Marianne is the co-host of *The Garden Mixer Podcast* and a contributing editor for *GardenRant.com*. She writes from Lovettsville.

Brunswick Native Garden Tour held on August 9

PHOTOS BY ABBIE RICKETTS



Sarah’s Storybook Wildlife Habitat on Park Avenue has a water feature with a mix of native and non-native plants.



Barb’s Bird and Butterfly Friendly Habitat in Brunswick Crossing has a mix of pollinator perennials and annuals and is certified by Wild Ones, a non-profit organization that promotes environmentally sound landscaping.



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IN THE KITCHEN

Great Grapes

By CHRISTINA FRITZ

Grapes have more to offer beyond their delicious flavor and satisfying crunch. California grows a majority of the table grapes in the United States. Washington and Oregon also have suitable conditions for growing table grapes, but they are better known for their wine grapes. Peak season for California grapes is May through January. In the off season, grapes may be imported from Chile.

When selecting, look for plump grapes with pliable, green stems. There may be a waxy, whitish coating on the grape that gives a frosted appearance. This is called bloom, which is a naturally occurring, safe to eat substance that protects grapes from moisture loss and decay. To extend their shelf life, store grapes unwashed in the refrigerator and rinse them with water just prior to eating.

Health Promoting Nutrients in Grapes

Grapes come in three colors – green, red and black. No matter the variety, grapes are packed with health promoting nutrients. Polyphenols, or nutritious plant compounds that protect our body’s cells, are found in every part of the grape. One of the most well-known polyphenols, resveratrol, is found in the skin of grapes. It works together with hundreds of other polyphenols and antioxidants as well as potassium and vitamin C to help support heart, brain, gut and immune health.



Eating grapes may even lower the risk for developing type 2 diabetes. Grapes contain vitamin K, which may play a role in regulating insulin and glucose. Even if you are living with diabetes, grapes are a satisfying option that can be included regularly in meals and snacks. Pair grapes with a protein or healthy fat to better manage blood sugar levels. Enjoy grapes in a Greek yogurt

parfait, pair with string cheese and a hardboiled egg, or combine with nuts for contrasting texture and taste.

Nutrients in fruits and vegetables help play a role in lowering blood pressure, reducing the risk for obesity and type 2 diabetes, and supporting a healthy immune system – and grapes are no exception. Most adults are recommended to have 1½ to 2 cups of fruit and 2–3 cups of vegetables per day. Focus on filling half your plate at every meal with fruits, vegetables, or a combination of the two. Including fruits and vegetables as snacks is a simple way to increase their consumption. Make your plate colorful!

Great for the Lunchbox

Grapes make a great addition to the lunchbox for both kids and adults alike. For savory options, cut grapes in half and mix in with chicken salad or toss them on a sheet pan and roast with vegetables. Freeze grapes to enjoy as a cold snack, use them as ice cubes, or blend in a smoothie. Add color, crunch and sweetness to salads, side dishes, entrees and desserts with your favorite variety of grape.

Visit [weismarkets.com/recipes](https://www.weismarkets.com/recipes) for more great grape recipe inspiration. ■

Christina Fritz, MS, RDN, LDN is Regional Dietitian at Weis Markets in Brunswick.

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Lovettsville Town News

By ABBIE RICKETTS

Patriot Day Flag Placement

HELP NEEDED: The Town will be working with youth groups and other service organizations to place 2,977 flags in honor of those lost on September 11, 2001. No sign-up is necessary.

Bring a screwdriver to help with placement of flags on Sunday, Sept. 7, at 3 p.m. at Town Square.

Oktoberfest is Back in Full Swing

Lovettsville’s popular Oktoberfest is back this year after cancellation of the event last year. The event got its start in 1994 and

was held in 2022 and 2023 after having been shut down in 2020 and 2021 due to the Covid crisis. The Lovettsville Town Council announced last December that it had a contract with Northern Virginia-based mb LoGistics & Events to manage most of the Oktoberfest 2025 activities.

The festival will be held Friday, Sept. 26, through Sunday the 28th. Friday night’s lineup includes the traditional beer keg tapping with live music by “Yoko Says No.”

On Saturday, the Oktoberfest 5K Run and Kids Run will begin at 8 a.m. at the Lovettsville Community Park. Pool Boys and Something Brewing are on stage Saturday along with German entertainment and dancers. The Wiener Dog Races and Stein Hoisting Competitions are back, along with plenty of craft and food vendors. At the center of the festival will be the beer tent and gardens with a large selection for beer-loving festival goers.

Festival hours are Friday 6-11 p.m., Saturday 10 a.m.-11 p.m. and Sunday 11 a.m.-5 p.m. Visit www.lovettsvilleoktoberfest.com for more details and to purchase tickets.

School Opens

Lovettsville Elementary School opened the 2025-2026 school year on August 21 with second-year Principal Daniel Lani at the helm. Over 520 children attend the school. According to U.S. News and World Report, 14% of the student population is economically disadvantaged and



Upper Loudoun Little League Junior All-Stars

28% are minority students.

Mayor and Council Meeting

There was no Mayor and Council meeting in July. The meeting on August 28 will be covered in next month’s newspaper.

Lovettsville Historical Society

Three new Civil War Trail interpretive signs were installed this summer in Lovettsville. Together, the signs create a three-point walking tour of Lovettsville’s National Register Historic District through a Civil War lens.

The Lovettsville Historical Society will be introducing this new trail and its stories at its September Second Sunday lecture on September 14, 2 p.m. at St. James Church at 10 East Broad Way. Following the lecture, a

dedication ceremony traditional to Civil War Trails will be held at the Town Office parking lot, with Town and Lovettsville Historical Society officials participating.

Upper Loudoun Junior Little League

The Upper Loudoun Juniors All-Star baseball team finished strong in State and Regional Tournaments. They surged past Lancaster County in the final three innings to win, 8-3, in a thrilling come-from-behind victory to take the Virginia State Junior Little League All-Star Championship. The tournament was held in Tazewell, Va. in July.

The win sent the team to Bridgewater later in the month for the Southeast Regionals, where the team advanced to the championship game but fell short against Georgia. ■

Wild sighting



A local resident captured a rare glimpse of a bobcat on July 30 in the Lovettsville area. Other bobcat sightings in Virginia have been reported recently.

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TRAVEL, ARTS, CULTURE

DAY TRIPS FROM BRUNSWICK

Hancock and Sideling Hill

By JOHN CAVES

The narrowest part of Maryland is an hour's drive west of Brunswick, and a lot is packed into it. Hancock is a C&O Canal town and an excellent base for bicycling, hiking, hunting or sightseeing. Its backdrop is Sideling Hill, the ridge with the dramatic highway cut you pass through to enter "Mountain Maryland." The hill and the canal below it offer several scenic spots for a day trip outdoors.

To get to Hancock, take I-70 west and get off at exits 3 or 1B, just before the junction with I-68.

The town has multiple restaurants, as well as an ice cream shop and a bike shop. The Hancock Historical Society maintains a small museum at the town hall which includes exhibits about the construction of the Sideling Hill Cut on I-68. The museum is only open from 2-4 p.m. on the second and fourth Sunday of each month between April and October or by request.

Hancock styles itself as Maryland's Trail Town, for good reason. Both the C&O Canal towpath and the Western Maryland Rail Trail go through it. The rail trail is a 28-mile path built over an abandoned section of the Western Maryland Railway that parallels the canal between Big Pool and Little Orleans. Because it is paved, the rail trail is a faster and smoother bike ride than the canal towpath. You can access both by turning toward the river at Church Street. A parking lot for rail trail access is immediately on the right, and a canal lot is across a bridge near the bike shop.

While the rail trail is smooth,



The view from Point Kilo Overlook at Sideling Hill Creek State Park.

the towpath has landmarks within easy bike range from downtown Hancock. To the east, about a mile from the parking lot, are the Tonoloway Creek Aqueduct, Lock 52, and the Bowles House, a historic home first built in 1785 and improved over two centuries. The Bowles House hosts Hancock's National Park Service visitor center, but it is currently closed.

Riding three miles west on the towpath, you can see the ruins of the Round Top Cement Mill. The mill did a thriving business in the 19th century, supplying cement down the canal for the U.S. Capitol building, among other things. It shut down in the early 1900s, but one of its brick smokestacks and its eight kilns remain.

Sideling Hill

After seeing Hancock, head to Sideling Hill. Take Main Street (MD 144) west past the Hancock Toll House that once collected fees on the National Road. Watch for Woodmont Road on your left: there is a gravel lot just before it. If you pass the I-68 ramp, you have gone too far. Down the road are two hiking trailheads in the Woodmont Natural Resources Management Area. The first, on your right, is the Eastern Overlook Trail, a 10-mile out-and-back up and along the crest of Sideling

Hill. The second, on your left, is the Wildlife Heritage Trail, a nature trail with two 2-mile loops.

Further along, Woodmont Road turns parallel to the Potomac and becomes Pearre Road. Not far from there is a parking lot for the rail trail. If you get out and follow the rail trail west, you can hop over to the towpath a quarter mile away at Lock 56. Whether you stay on the rail trail or take the towpath, continuing west brings you to the Sideling Hill Creek Aqueduct and then the Indigo Tunnel, where the trails rejoin two

miles from the parking lot. The tunnel is closed off, but getting there takes you along a quiet and scenic stretch of riverbank.

If you hunt, you might consider the Sideling Hill Wildlife Management Area across the road from the rail trail parking lot. It is a 3,100-acre hill tract that the Maryland DNR claims has turkeys, black bear, deer and grouse. Its creek is stocked with trout. Hunting is permitted during the open seasons, but the area can be accessed for other recreation throughout the year.

Your last stop

At day's end, there is one last stop. Continue along Pearre Road (which becomes Ziegler Road) to reach Sideling Hill Creek State Park. You can park by the maintenance facility on the left once you enter. Then you will need to hoof it up the main park road (closed to vehicles past the park headquarters) for a steep half mile. When you reach the crest, go past the fire road intersection and make for the field behind a split-rail fence down the opposite slope.

There you will find Point Kilo Overlook, a majestic view of the Potomac River and West Virginia. It is dedicated to Command Sergeant Major Roger W. Haller, a Maryland Army National Guard soldier who was killed in action in Iraq in 2007. The view and the occasion to remember a fallen soldier makes a fitting end to a memorable day trip. ■







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JOHN CAVES



The Indigo Tunnel on the Western Maryland Rail Trail just beyond Sideling Hill.

JOHN CAVES



C&O Canal Lock 56 below Sideling Hill.

TRAVEL, ARTS, CULTURE

Maynard Exhibition Looks at Idea of ‘Paradise’

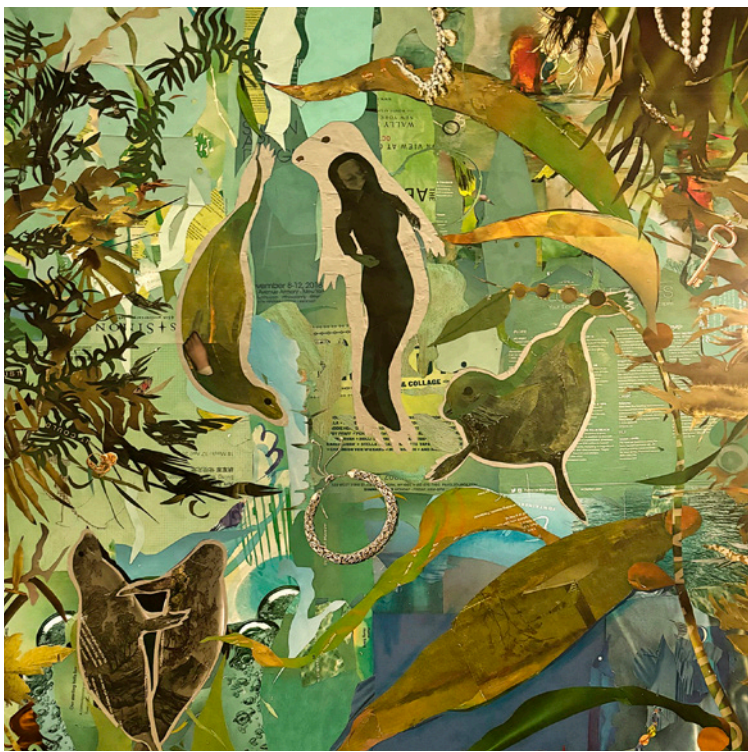
During September and October, Julie Maynard will show new works at the Delaplaine Arts Center in Frederick. This exhibition looks at seven ideas about paradise, starting with the Garden of Eden and the Peaceable Kingdom, where the lion lies down with the lamb. Large collage pieces are surrounded by smaller “annotations” as well as collections of found objects and videos.

One installation visits an underwater Celtic paradise. Another looks at Flower Mountain, a Mayan vision of the afterlife where flowers make music. All the collage works, two- and three-dimensional, are built up

from shards, remnants, relics and scraps.

“When I was young,” Maynard says, “the world seemed vast but also manageable. I thought that if I paid attention, I could gather up the various strands, study them, and come to understand how things work together. Now I see this as my own idea of paradise lost: a world where everything makes sense.”

The show runs Sept. 5 through Oct. 26. The opening reception is from 2 to 5 p.m. on First Saturday, Sept. 6. Maynard will be one of two artists speaking about their work at 2 p.m. on Saturday, Oct. 4. ■



Part of a large panel depicting an underwater Celtic paradise filled with selkies and treasure. Detail of a collage by Julie Maynard.

Railroad Days Pop Up Art Gallery

By ABBIE RICKETTS

The Canal Towns Partnership is collaborating with the Brunswick Arts Council to bring a fine art and photography show to the Brunswick Heritage Museum for Brunswick Railroad Days on October 4 and 5.

The exhibit “Rooted in Nature” brings together local artists whose work draws on the beauty, textures, and materials of the natural world. From quiet reflections to bold interpretations, each piece invites the viewer to see nature through a new lens.

The exhibit will be in the Museum’s Lee B. Smith Room on the lower level. The room is named after Smith, a dedicated long-time volunteer of the Museum who passed away in 2014.

Tara Zabriskie, President of the Brunswick Arts Council, and other council volunteers are organizing the exhibit and curating local artwork for the show. The theme will be nature, some of it specifically related to the canal, and the art will be available for purchase.

Canal Towns Art Trail+ Celebration

The Canal Towns Partnership created the Canal Towns Art Trail+ to promote art in each of the eleven canal towns from Poolesville to Cumberland. Not only is the C&O Canal National Historical Park a world class recreation destination, the adjacent historic towns offer a variety of art destinations for the culture-loving side of visitors.

Exhibit and Silent Auction Sale of Helen Smith Paintings

BENEFIT FOR BRUNSWICK FOOD BANK AND BRUNSWICK ARTS COUNCIL

Lockhouse Gallery in Brunswick has obtained 22 original works that were painted by Helen Smith, a leader in the arts community of Frederick County for more than 80 years, who documented the history of Frederick through her art.

The paintings will be up for exhibit and viewing from September 16–27 at the gallery located at 17 W. Potomac Street in downtown Brunswick. The exhibit will end with the completion of a silent auction event and celebration on September 27 from 5–8 p.m.

Kimberly Yourick, owner of Lockhouse Gallery, said they were asked to sell this collection on consignment. The paintings are owned by the Guy Whidden Estate. There are 21 original watercolors of iconic landmark scenes in Frederick, and one eglomise. They represent scenes such as the Spires of Frederick City, Barbara Fritchie House, the Gazebo in Baker Park, Catoclin Furnace, Schifferstadt and many others.

The proceeds of Lockhouse Gallery (35% of sales) will be donated to the Brunswick Food Bank and the Brunswick Arts Council.

A trailblazer for women in art

Helen Smith was a well-known and beloved artist who was a trailblazer for women in art. She painted from childhood until her death in 1997 at the age of 103. She graduated from the Maryland Institute of Art in 1916 and taught art at Hood College from 1916–1925 where she was also head of the art department. In 1925, she became one of the only successful women entrepreneurs in the Frederick area. She lived



Spires of Frederick, Md. 10.5 x 7 inches. Watercolor on Paper.

in an apartment above her shop at 237 N. Market St. that had no heat and was supplemented with a kiln to keep her warm. She worked into the night to keep up with her orders, and her perseverance allowed her to survive the Great Depression.

Helen Smith’s life story was fascinating and beautifully documented in a book about her life, called “Frederick’s Legacy — The Art of Helen L. Smith.”

The paintings in this collection were obtained by Guy Whidden II who was a well-known citizen of the Frederick area and a World War II veteran. He passed away in 2022. He was good friends with Helen Smith and would often visit her, view her art work and buy her paintings.

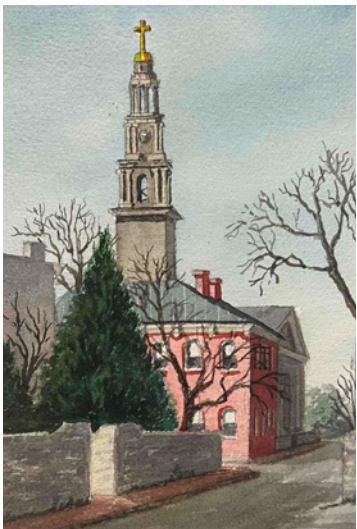
It is unclear how many of her works will be available for purchase in the future, outside of this collection, so this may be a rare opportunity to own one of her works, while also contributing to worthy causes — art programs and food needs for the Brunswick area.

Viewing and purchasing the art

Personal viewings of the art at Lockhouse Gallery can be requested prior to September 16. In addition, a viewing room (photographs and information on each painting) is on the Lockhouse Gallery website, www.lockhousegallery.com. The paintings can be purchased at any time for “buy it now” prices. Bids will be accepted on each painting starting at any time before the auction ends on Sept. 27 at 7:30 p.m.

The public is invited to a reception and celebration on Sept. 27 to meet members of the Brunswick Arts Council and Brunswick community leaders from 5–8 p.m. Light food, beverages and wine will be served at this casual event.

Feel free to contact Kimberly Yourick at Lockhouse Gallery for more information and to be sent a link to the viewing room: kim@lockhousegallery.com or 301-969-6676. ■



St. John's Steeple. 10 x 7 inches. Watercolor on Paper.



Towpath in Fall, a photo by Tara Roberts Zabriskie, will be featured in the exhibit.

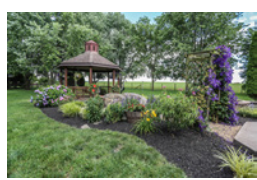
fee to participate. Applications are due Sept. 5.

For more information and

to apply to be an exhibitor visit www.brunswickmdartevents.org/callforart. ■

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TRAVEL, ARTS, CULTURE

A Talk with Ted

BICYCLIST CHAMPIONS RIDE4RIGHTS AWARENESS

By LAURA DVORAK

Ted Bloom has a day job as an engineer in Santa Fe, New Mexico. In March, he awoke with an idea: traverse the contiguous United States promoting human rights. He thought about achieving this by walking—for about a second. Then, he considered bike packing the 3,600-plus miles solo. His longest bike ride previously was 112 miles. “My company allowed me to take unpaid leave and I used money saved to buy a house to finance the trip,” he explained.

On April 20 his journey began, crossing San Francisco’s Golden Gate Bridge seated on a borrowed commuter bike. Bloom’s Kona Sutra gravel bike, back-ordered, caught up with him in Sacramento. He packed gear on it and pedaled East.

Soon he was mired in a Donner Party-esque landscape on Highway 50 near Lake Tahoe. A late snow had closed all other roads, and Bloom was buffeted by passing cars. Suffering a hamstring injury, Bloom tented in the trailer town of Sweet Springs, Nevada. Later, in Battle Mountain and Winnemucca, he pushed the bike through brush with a 30 mph crosswind dust storm, braved thunderstorms at the Utah border and rode 96 miles in a day through salt flats.

He enjoyed Colorado’s pro-biking infrastructure. He suffered heat exhaustion in Kansas, the temperature 104F with 25 mph headwinds and 50 mph



Ted Bloom arrived in Brunswick via the C&O towpath. His Ride4Rights finale will be from Virginia Highland Park to the Washington Monument, 7.5 miles.

gusts. Then, a unique challenge: riding directly in the path of a Kansas City emergency test blast of their tornado alarm.

In Shipshewana, Indiana he suffered an infection, no thanks to horse droppings. “I was like a unicorn riding through Chicago,” he reminisced. The trip, overall, is “a very romantic idea—beautiful. I’ll have this accomplishment for the rest of my life.”

Bloom believes in people and

the Ride4Rights cause. He is deeply concerned for college students arrested while protesting and immigrants denied due process, among other issues. For the past four months he has met with folks across America. “From Kansas to Pennsylvania it’s basically a cornfield and it’s fun meeting people.”

Throughout big cities and small towns, he invited riders to join him, while promoting four aspects of human rights: Speech, Justice, Education, Unity. During his trip, he assessed the political vibe. “Most people I interact with don’t like ICE or Trump. They seem vaguely irritated but are not yet ready to do something.” While many malcontents might question the value of showing up for protests, Bloom champions these visible events. “You know how big [the issue] is—it puts a face on it. You can’t get that sense seated behind a computer. People need to get out and be vocal. I’m optimistic things will change and I’m trying to fix the problem. This ride is about getting people out.”

Learn more about Bloom at Ride4Rights.com. ■

A Brunswick Celebrity

DR. KATHY DISCUSSES SPOTTED LANTERN FLIES ON WUSA-TV

Dr. Kathy Heinsohn, who writes a regular column on insects for the Brunswick News Journal, and who lives on East A Street, appeared on WUSA9 news on August 5. She had been invited to talk about spotted lantern flies. Perhaps the station read her article on this subject in the November, 2023, issue of this newspaper. The interview can be seen on the WUSA9.com website. Search for “Heinsohn spotted lantern flies WUSA.”

Dr. Kathy’s regular column will resume next month.



POTTED LANTERNFLIES: ENTOMOLOGIST'S TIPS ON HOW TO HANDLE THEM

OFF THE SHELF

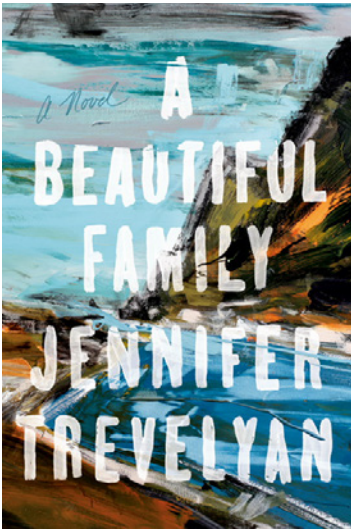
A Beautiful Family (2025)

Jennifer Trevelyan

Reviewed by LAURA DVORAK

Summer has drawn to a close. A Beautiful Family will give you a chance to go to the beach again and stay for just a while longer. Beware, however. Beautiful things are not always as they appear. Trevelyan’s writing is easygoing early on. Family fissures and chasms are slowly revealed, upending serenity. Danger looms large. Some secrets are burned; others are buried.

This debut novel is an edgy, nail-biting page-turner teeming with nostalgia and tension as well as the expressed confusion and frustration of 10-year-old narrator Alix, from Wellington, New Zealand. Her family is renting a house in an area her mother selected. Unlike prior vacation spot choices, this time mom chooses to go “somewhere where there are people.” At the beach house Alix and her 15-year-old sister share a room and sibling friction. In an effort for distance, Alix quickly befriends Kahu, a fellow vacationer. The two search for clues that will help them solve the disappearance



from this beach two years prior of a child named Charlotte, presumed dead.

The players insinuated into this three-week beach getaway include the creepy voyeuristic guy next door, Alix’s mom’s possible paramour, his wife, a lifeguard and Charlotte’s ever-searching, bereaved mother. At the novel’s conclusion, it is clear that the story can (perhaps should) be continued. By that time, the bitten nails will be ready for part two. ■

FILM REVIEW

Reviewed by LAURA DVORAK

Kanopy is an on-demand streaming service offered by the Frederick County library system for films, documentaries and courses, among other selections. Kanopy participants receive “tickets” each month for “admission” to view choices.

The Cowboy and the Queen (2024) 1 hr, 25 minutes

Documentary Directed by Andrea Blaugrund Nevins

Trust is everything. Monty Roberts, non-violent horse trainer, believed trust is paramount for “breaking” a horse. For 6,000 years horses have been broken using violence. Roberts practiced a revolutionary taming approach, using a silent language of kindness—the language of equus.

Roberts grew up in Solvang, California. His unique approach to taming horses was informed first by hanging out with deer—animals he considered ten times more flighty than horses. In addition, he had opportunity to closely observe the behavior of wild mustangs. He surmised that if a horse wanted to train humans, it would teach them to be good listeners who practiced compassion, compromise and respect. He believed horses seek comfort and that they want people to listen to them.

Roberts’ radical training approach was not without its critics. But Queen Elizabeth II, who loved horses and owned thoroughbreds, was not one. She championed his techniques throughout their 32-year-long friendship. He demonstrated his work at Windsor Castle. The Queen encouraged Roberts to write his memoir. She connected him with Random House, who published his story, “The Man Who Listens to Horses.” ■



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LOCAL HISTORY

Brunswick's 2025 Distinguished Citizens

On Sunday, September 14, the Mayor and Council, along with the Brunswick History Commission, will honor this year's Distinguished Citizens for their contributions to the Brunswick community. This year's honorees are listed below with brief biographies.

More detailed descriptions of the lives and contributions of these individuals (as well as previous Distinguished Citizens) can be found at www.brunswickmdhistory.com. Search for "Brunswick Distinguished Citizen 2025" (or a previous year).

The public is invited to attend the luncheon which will be held at the Eagles Club. Tickets are required and must be reserved by Friday, September 5. To order tickets, go to www.brunswickmd.gov/special-events and click on "Distinguished Citizens Luncheon." Doors will open at 1:00 p.m. with lunch and program beginning at 1:30.

Frances Axline

Shortly after getting married, Frances Jane Ayers and her husband Meredith Leslie Axline, just home from World War II, established their home in Brunswick in 1945. Eventually, they found a house on Walnut Street, and she has lived there for the past 69 years. Their home was conveniently located near the railroad, and hobos riding on the trains during the 1950s and '60s knew they could get a cheese sandwich and a glass of sweet tea if they knocked on her door.

After raising her five children, Frances got a job at the sewing factory on Fifth Avenue, later worked at the Eveready Corporation in Frederick, then at the Hillside Hotel (across from the Cindy-Dee restaurant).

She is a life member of the Moose and became a charter member of the Brunswick Eagles Auxiliary when it was formed in 1954, serving as the first Madam Chaplin, and subsequently two terms as Auxiliary President.

In addition to her five children, Frances has 7 grandchildren, 11 great grandchildren, and 9 great-great grandchildren.

Cathy Barnes

Cathy Gaither was raised in the house where her grandparents once lived and is a fourth generation Brunswickian. She and her high school sweetheart, Greg Barnes, got married in 1975. She provided day care for others as she raised her own children and later worked at the Learning Tree Day Care Center and in the Brunswick Middle School and High School cafeterias.

In 1990, she started working at the Brunswick Senior Center (now called the "Brunswick 50+ Community Center") and she has been the Director ever since. The very busy schedule there was impacted severely by the COVIC-19 pandemic, closing it for two years. But through Cathy's efforts, they are rebounding. In addition to many weekly activities, they hold a monthly dinner-dance at the Eagles Club, which is well-attended.

Cathy enjoys crafts (especially crocheting and sewing), tending to her flower garden, and traveling. Besides their two children, the Barnes's have three grandchildren.

Bob and Jennifer Effler

Bob and Jennifer were both born in Florida, but they would not meet until several years later after the U.S. Air Force had taken both Bob (who joined the Air Force after high school) and Jennifer (whose father was in the Air Force) to many places around the world. A few years after Bob retired, they had a new home built in Galyn Manor, moving here in 2005.

Jennifer is the Brunswick Food Bank Manager where she has been volunteering since 2008. She is a member of the American Legion Auxiliary and has served as its treasurer since 2011. Children in town will recognize her as Santa's elf at Christmas time (with Bob standing beside her as "the Grinch").

After retiring from the Air Force, Bob continued to work for the Civil Service. He paid his first visit to the American Legion Post

H. Bruce Funk

Bruce Funk comes from a prominent Brunswick family, his father and grandfather both having been recognized in the past as Distinguished Citizens.

Due to his father's job with the state, Bruce was actually raised in Luther-ville, and moved to Brunswick in 2000 after working at several different jobs and eventually earning his CPA, which he continues to use as an accountant in Brunswick.

Soon after arriving in Brunswick, he visited the Brunswick Railroad Museum, operated by the Brunswick Potomac Foundation. Before he knew it, he was a member of the foundation's Board of Directors, eventually becoming President.

He is an active member of the Brunswick History Commission. Appreciating the connection of our history with that of Lovettsville, he is also a member of the Lovettsville Historical Society. Fulfilling his father's dream, Bruce has written five books on the history of Brunswick. Bruce's not-so-well-known talents include singing and theater (writing, directing, and acting).

Mary McDonald

Mary Bruner was born "near Point of Rocks" in 1825. She moved to the village of Berlin where, in the mid-1850s, she married Bernard McDonald, an Irishman who, at the time, was working as a railroad hand, although he would eventually become a

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superintendent on the railroad.

Her son Rufus Bruner joined the Potomac Home Brigade and served honorably in defending the canal and railroad from rebel invaders during the Civil War.

Mary ran a boarding house on South Maple Avenue for 50 years. Her obituary describes her popularity: "Mother Mac [as she had come to be known] has conducted a boarding house at Brunswick for the past 50 years. Her boarding house was especially well known by the railroad men, all of whom spent their time there." Further, "Railroad officials when visiting Brunswick always went to her house for some of her famous mince pies and apple dump-lings."

When she died in 1911, Mary left \$25 to the German Reformed Church (currently Beans in the Belfry) to have a stained glass window installed in her memory.

Jerry Knight

Jerry Knight was born on August 12, 1941, in Gainesville, Florida, and grew up there. After serving four years in the U.S. Air Force, including time in Wyoming and Puerto Rico, he returned to Florida. There, he worked as an office manager and briefly ran an art gallery in Naples.

In 1988, he became the catering director and photographer at the prestigious Army and Navy Club in Washington, D.C. In 1991, Jerry moved to Brunswick and commuted to the Club until 2003. He opened "Cripple Creek Antiques"

in 2004, running the business until 2011.

Jerry became actively involved in community service, helping to establish The Greater Brunswick Area Chamber of Commerce, where he served as secretary and was named "Volunteer of the Decade." He was also part of the Brunswick History Commission and the Main Street Design Committee, earning recognition for his contributions.

In 2022, he moved to Ellijay, Georgia, where he enjoys garden-ing and local wineries.

David House

Befitting a soldier, David House was born on the 4th of July, 1957. He was active in sports, musicals and band at Brunswick High School and interned one summer for U.S. Senator Charles McC. Mathias.

After graduating in 1975, Dave joined the U.S. Army, training as a Medical Laboratory Specialist. He married his high school sweetheart, Connie Ballentine, on August 29, 1976, and together they traveled the world with their three daughters.

Dave's military career included assignments in Honduras, Texas and Germany, and he earned a bachelor's in health care admin-istration. Retiring as a Master Sergeant in 1998, he returned to serve his hometown.

The Houses reside in Jefferson but spend most of their time in Brunswick. In 2010, they joined American Legion Post 96, drawn by Dave's involvement with the Legion Riders motorcycle group. Dave has served three terms as Post Commander and is currently the Road Captain for the National Legacy Ride. The family is also active in the Jefferson Ruri-tan Club.

Distinguished Citizens CONTINUED

Kathy Crone

Kathy Myers was born on January 22, 1949, along with her twin sister Kristy in Brunswick. Growing up on Wenner's Hill with Kristy and older brother Kim, she learned the values of kindness and community from her family and neighbors.

Inspired by her parents and teachers, Kathy pursued a career in education, graduating with honors from Brunswick High School in 1967 and earning a BS in Early Childhood Education from Towson State Teachers College in 1971. She taught at Brunswick Elementary School for 30 years.

Kathy married Dwight Crone in November 1971, and they built their dream home along Route 464, where they raised two children.

After leaving teaching in 2002, she began a second career in the hospitality industry working in management for several hotels in Frederick. She was named "Manager of the Year" by the Maryland Hotel and Lodging Association in 2009.

Kathy retired in 2018 and now enjoys a relaxed lifestyle with family and old friends.

Bill Turney

Bill Turney was born in Baltimore on June 18, 1945, and moved to Lovettsville at age 11. He married Cheryl Anderson in 1966 during his senior year at the University of Richmond. They were blessed with three children, nine grandchildren, and one great-grandchild.

Beginning in 1969, Bill taught English at Brunswick High School and dedicated 44 years there. He connected with students through his charismatic teaching style and after-school initiatives, including the work study program. Bill coached football, basketball and track, and served as assistant coach during BHS's only state championship season in 1976-77.

In the 1980s, Bill experienced a spiritual reawakening. He served as an associate pastor locally, was a traveling evangelist, and provided Christian counseling from his home. He preached the gospel in China in the early 2000s, even facing arrest for smuggling Bibles.

Known for his kindness, Bill often bought meals for the homeless. He passed away unexpectedly on May 14, 2024, leaving behind a legacy of love and service.

James Castle

James R. Castle (Jim) is a Brunswick native who has made significant contributions to his community.

After graduating from Brunswick High School in 1995, he opened an antique store with his father and became actively involved in local civic life, serving on various city commissions and the Community Agency School Services Board (CASS).

Elected to the City Council at 23 in 2000, Jim played a crucial role in approving the annexation for Brunswick Crossing and securing a



\$750,000 grant for an important water line project. After leaving elective

office, he served in various positions, including Williamsport town clerk, roles with the Maryland Dept. of Housing and Community Development and eventually, HUD.

A history enthusiast, Jim became president of the Brunswick Heritage Museum in 2015, where he helped address financial challenges and façade renovations. In January 2025, he received a Presidential Lifetime Achievement Award for his work with the museum. He has published five books on Brunswick history.

Rick Weldon

Brunswick significantly influenced Rick Weldon's distinguished career in public service, from City Hall to the statehouse.

Born in Delaware, Rick graduated high school in 1976, enlisted in the Navy, and married his wife, Amy. He served as a submariner on the USS Stonewall Jackson, developing strong communication and problem-solving skills.

After transitioning to civilian life in 1982, he managed Navy system rollouts while commuting from Brunswick to Crystal City, Va. In the 1990s, Pentagon downsizing led him to explore new opportunities.

While studying at the University of Maryland, he wrote a paper on downtown revitalization in Brunswick. This work led to his role as Brunswick City Administrator, followed by five years as Chief Operating Officer of Frederick City. He later served on the Frederick County Board of Commissioners, eventually winning a seat in the Maryland House of Delegates.

After his legislative tenure, Rick returned to Brunswick as City Administrator. He currently serves as Frederick County Chamber of Commerce President and CEO. The Weldons have three children and six grandsons. ■

The LATEST from the LAST C.E.N.T.U.R.Y

100 Years Ago from The Valley Register

Compiled by Julie Maynard

September 4, 1925.

Middletown Team Defeated.

The Middletown County League Club was fed a bitter pill on Saturday afternoon at 3 o'clock, when they crossed bats with the Brunswick Club of the same league, in one of their regularly scheduled games at the Middletown Athletic Field. The Railroaders, who seemed to have their batting eyes sharpened for most any kind of pitching, hammered the slants of "Lefty" Wilhide and Long almost at will.

Although Middletown hit three Brunswick hurlers hard, they were unable to hit when hits meant runs, and were beaten by a 13-12 score. Hauver, outfielder, did the catching for the locals, while Crone, who has been doing the receiving, and who injured a finger in the Woodsboro game, played the outfield. The largest crowd of the season witnessed the contest.

Mrs. A. Anderson Garrott.

Mrs. Ellen Virginia Garrott, widow of A. Anderson Garrott, died at the home of her daughter, Mrs. N. E. Conway, Brunswick, last Monday afternoon, after a lingering illness of several years. She was a daughter of the late Joshua and Catherine Maught Ahalt, born near Burkittsville, Oct. 13, 1856. Besides her daughter, she is survived by four sisters, Misses Alice and Laura Ahalt, Mrs. Emma House, and Mrs. J. J. Shank, Harmony Grove, and two brothers, Charles and John Ahalt, all of Burkittsville. The funeral took place from her late home Wednesday morning... Interment was made in St. Mark's cemetery, near Petersville. C. H. Feete & Son, Brunswick, funeral director.

MUCH IMPORTANT NEWS IS OMITTED

"The Register" is compelled to ask the indulgence of our readers this week, in the fact that owing to our overcrowded condition, we are compelled to omit much local news of interest. This will be printed in full next week.

Cider Making and Apple Butter Boiling.

We run every Tuesday and Thursday GAVER & YOUNKINS Phone 52-F3 Middletown 8-28-tf-51

September 11, 1925.

Those Who Have Been Unfortunate.

Willie, aged about 12 years, son of William Sigler, injured several fingers on this right hand when they were caught in a husker at the Middletown Packing Co. plant on Wednesday. Dr. W. O. Huff, who happened to be at the plant, took the boy to his office and dressed the fingers.

Because a honey bee frightened Miss Bertha Lee, of Washington, while driving along the State highway between Frederick and Braddock Heights on Tuesday afternoon, the young lady lost control of her machine and forced a concrete truck, driven by Wilbur Klein, of Myersville, to take the ditch instead of running her down. The truck turned over and Klein suffered a compound fracture of the left leg. Miss Lee will be given a hearing in Frederick Police Court.

Heavy Rain Relieves Drought.

The prolonged dry spell, which brought the water situation in many of the county towns to an acute stage, ended abruptly on Sunday evening with a down-pour of rain that deluged Frederick city and the entire county. The heavy rain lasted for about a half-hour, and it is believed came in time to save the late potato crop.

Phone "The Register" if you

know a piece of news, no matter how slight. We will esteem it a favor. Call 114-W.

Twenty-five fishpots in Washington county, seven of them in the Potomac and the rest in the Antietam and Conococheague, have so far been blown up by the State Game Department. The work was done by the Vance Construction Co., Cumberland, operating with a force of ten men.

The Director of the Budget has reported to President Coolidge that we have 65,000 government employees.

CUT FLOWERS

Headquarters for choice flowers for all occasion. Ten acres in dahlias, gladiolas, roses, snap dragons and asters. Rare potted plants of all kinds. Special attention given to funeral work Frederick Dahlia Gardens Braddock Heights, Md.

September 18, 1925.

The tax rate of the town of Brunswick, this valley, as set by the Mayor and Town Council at a recent meeting, remains unchanged, being \$1 on the \$100. The rate has remained \$1 for the past several years. Two per cent. discount will be allowed for payments during October. No discounts are allowed on payments made during November and December.

District Forest Warden C. Cyril Klein, near Braddock, has returned from the Yale Forestry School, at Milford, Pa., where he took a course of ten weeks in forest surveying, knowledge of various species of trees, and estimating standing timber. During the course of his study, Mr. Klein made several very interesting trips to adjoining State forest reserves.

Chimney Struck By Lightning Lightning struck the chimney on the home of Noah Korrell, near town, during the heavy storm last Saturday evening, badly damaging it. The bolt is said to have run down the chimney and buried itself with a crash in the cellar.

A Surprise Basket Social.

A delightful surprise birthday basket social was given at the home of Mr. and Mrs. Wm. E. Boyer, near Burkittsville, on Monday evening, Sept. 7, in honor of Mrs. Boyer. Music and games were indulged in until a late hour, when the guests were invited to the dining room to a supper consisting of fried chicken, ham sandwiches, potato salad, potato chips, pickles, bananas, grapes, cakes, candies and lemonade. Those present were: [Boyer, Beachley, Bowlus, Arnold, Moser, Ambrose, Marker, Kinna, young etc.].

NO TRESPASSING

Owing to the opening of the squirrel hunting season on Sept. 1st, "The Register" deems it wise to begin publication of its "No Trespassing" list, which it runs regularly each year during the hunting season. We will insert the names and addresses of all who desire it until the close of the hunting season on January 1st, for the small sum of 25 cents, paid in advance. ... The cost is small compared with the damage which may be done you through growing crops being trampled and live stock killed or maimed by stray shots from guns in careless hands.

September 25, 1925.

Death of An Infant.

Mildred Idelia, infant daughter of Mr. and Mrs. B. C. Gross, died at the home of her parents, in Brunswick, Thursday of last week, aged 1 year and 1 day. She had been ill for some time. Funeral services were held Saturday afternoon, from the home...

Overcoats Needed.

Overcoats were seen Tuesday for the first time this season when the temperature overnight dropped from a September record high on Monday to within one degree of being midway between summer heat and freezing. The sudden change brought about a reaction that was very noticeable. From an official temperature of 90 degrees on Monday, the mercury slipped to 52 over night.

County Apples Shipped to England.

Picking and packing of apples in the commercial orchards of Frederick county is proceeding. The first varieties, Jonathan and Grimes, have about been picked. The work on the later varieties will start next week in several of the larger orchards. Last week two carloads of Jonathans were shipped out of Frederick for export to England, one from the Baker orchard and one from the Gambrell orchard. A purchaser from Liverpool, England, was in Frederick and closed up the transaction.

Chicken and Waffle Supper.

The Ladies of the Burkittsville Lutheran church will hold a Chicken and Waffle Supper, on Saturday, Oct. 3, in the Parish Hall. Supper, 35c. 9-25-2tp-51

To Purchase Bridge.

John N. Mackall, chairman of the Maryland State Roads Commission, at the request of Attorney-General Robinson, has written to the West Virginia Commission, proposing a joint meeting to lay plans for the purchase of the bridge at Harper's Ferry, connecting the two States. The bridge, operated on a toll basis, is owned by the Harper's Ferry Bridge Co.

Held In \$1,000 Bail.

E. L. Compher, 23 years of age, of Brunswick, was arrested last Sunday night shortly before 10 o'clock, by State Officer Sploch, charged with operating an automobile while under the influence of liquor, and with reckless driving. At a hearing before Justice August T. Brust, in Frederick Police Court, on Monday evening, he was fined \$50 and costs on the reckless driving charge and held in \$1,000 bail for a further hearing on the charge of driving while intoxicated.

October 2, 1925.

Prisoners Arraigned.

Of the 12 prisoners arraigned in County court last Saturday afternoon, eight entered pleas of not guilty to the indictments returned against them by the grand jury and four pleaded guilty.

Among those who entered pleas of not guilty and who expressed their desire to be tried by a jury, were Geo and Maurice Webster, brothers, held on charges of robbing freight cars, etc., preferred by the B. & O. Railroad. Since their incarceration in the county jail several weeks ago, other counties have placed detainees in the hands of Sheriff Albaugh for alleged similar offenses. The value of the merchandise alleged to have been taken by the Websters in the county approximates \$388.

FOR SALE—Property in Broad Run. This is a very desirable property, containing three acres of land, house with nine rooms, electrically lighted. All necessary outbuildings, including two large chicken houses and garage.—EDNA BUCHANAN, Burkittsville, Md. 10-2-2t-37w

LOST—On the road from Middletown to Jefferson or Catocin, a fishing reel. \$1.00 reward if finder returns to EDGAR KOOGLE, Middletown. 10-2-1t

SPORTS

DaSilva Simmons Karate Wins Big This Summer

By ABBIE RICKETTS

Brunswick's DaSilva Simmons Karate students competed in the AAU National Taek Won Do Championships held in early July in Salt Lake City, Utah. The team of 38 students won first place for Forms and second place for Point Training. The karate students known as Team DSK brought home a whopping 52 gold medals, 34 silver and 34 bronze. There were 3400 competitors in the meet.

Four black belt students from the studio were selected for the National AAU team, Jody Simmons, Tim Clifford, Michelle Yopez, and Nicholas Beach.



Team member at Stonehenge in England.

Glasgow trip

During the third week of July, 14 team members traveled to Glasgow, Scotland, for the AAU International Championship at Braehead Arena. The opening ceremony featured a parade of the participants similar to the Olympics along with traditional bagpipe players. Three team members medaled at the meet bringing back a gold, silver and bronze medal. Fourteen team members completed in the meet with top ten finishes. There were 3200 competitors in this event.

Da Silva Simmons Karate Studio is located at the Brunswick Shopping Center on Souder Road. They are known for their long-standing tradition of providing excellent karate instruc-

tion for all ages and levels of experience.

Tim Simmons, Master Trainer and 7th degree Black Belt, says his students stand out at the big meets because they come from a smaller studio than some of the teams that participate. They are dedicated to the martial arts. Simmons' passion for teaching them is evident when he speaks of his students' accomplishments and their pride in performing well.

The studio is currently enrolling new students of all ages. Visit www.teamdsk.com for more information or call Master Tim Simmons at 301-834-9894. ■



Team at Taekwondo International Championships in Glasgow, Scotland.

BHS 2025 Fall Sports Schedules



Varsity Football

Sept. 5	Williamsport	6:30 p.m.
Sept. 12	Tuscarora	6:30 p.m.
Sept. 19	at Boonsboro	7 p.m.
Sept. 26	Smithsburg	6:30 p.m.
Oct. 2	at St. James	4 p.m.
Oct. 10	at Middletown	6:30 p.m.
Oct. 17	at South Carroll	6:30 p.m.
Oct. 24	Walkersville	6:30 p.m.
Oct. 31	at Catoclin	6:30 p.m.

JV Football

Sept. 10	at Tuscarora	6 p.m.
Sept. 17	Boonsboro	6 p.m.
Sept. 24	at Smithsburg	6 p.m.
Oct. 8	Middletown	6 p.m.
Oct. 15	South Carroll	6 p.m.
Oct. 22	at Walkersville	6 p.m.
Oct. 29	Catoclin	6 p.m.

Flag Football

Sept. 3	Frederick	6 p.m.
Sept. 8	Tuscarora	6 p.m.
Sept. 15	Boonsboro	6 p.m.
Sept. 22	South Hagerstown	5 p.m.
Sept. 25	at Linganore	3:15 p.m.
Sept. 29	Urbana	5 p.m.
Oct. 6	at Middletown	6:45 p.m.
Oct. 13	Williamsport	3:30 p.m.
Oct. 21	Walkersville	6 p.m.
Oct. 29	at Catoclin	6 p.m.

Boys Soccer

Sept. 9	at Frederick	5:30 p.m.
Sept. 11	Tuscarora	5:30 p.m.
Sept. 16	TJ	5:30 p.m.
Sept. 18	Boonsboro	5:30 p.m.
Sept. 22	at Williamsport	4 p.m.
Sept. 24	at South Carroll	5 p.m.
Sept. 25	at Catoclin	5:30 p.m.
Sept. 30	Walkersville	5:30 p.m.
Oct. 7	at Clear Spring	5:15 p.m.
Oct. 9	Smithsburg	5:30 p.m.
Oct. 13	Middletown	5:30 p.m.
Oct. 16	at Linganore	5:30 p.m.

Girls Soccer

Sept. 9	Frederick	5:30 p.m.
Sept. 11	at Tuscarora	5:30 p.m.
Sept. 16	at TJ	5:30 p.m.
Sept. 18	at Boonsboro	5:15 p.m.
Sept. 20	Williamsport	10 a.m.
Sept. 24	South Carroll	5:30 p.m.
Sept. 25	Catoclin	5:30 p.m.
Sept. 29	at Walkersville	5:30 p.m.
Oct. 7	Clear Spring	5:30 p.m.
Oct. 9	at Smithsburg	5:15 p.m.
Oct. 13	at Middletown	5:30 p.m.
Oct. 16	Linganore	5:30 p.m.

Volleyball

Sept. 8	New Life	6 p.m.
Sept. 9	Oakdale	5:30 p.m.
Sept. 11	Tuscarora	5:30 p.m.
Sept. 18	at Boonsboro	5:30 p.m.
Sept. 22	Williamsport (varsity first)	4 p.m.
Sept. 25	Catoclin	5:30 p.m.
Sept. 29	at Walkersville	5:30 p.m.
Oct. 3	Frederick	5:30 p.m.
Oct. 6	at TJ	5:30 p.m.
Oct. 7	at Clear Spring	5:30 p.m.
Oct. 9	at Smithsburg	5:30 p.m.
Oct. 13	at Middletown	5:30 p.m.
Oct. 15	Linganore	5:30 p.m.
Oct. 21	South Hagerstown	5:30 p.m.

Field Hockey

Sept. 8	TJ (varsity only)	3:30 p.m.
Sept. 10	St. James (varsity only)	4:30 p.m.
Sept. 15	at Tuscarora (varsity only)	4 p.m.
Sept. 18	at Oakdale (varsity only)	6:45 p.m.
Sept. 22	Linganore (varsity only)	3:30 p.m.
Sept. 25	Catoclin (varsity only)	3:30 p.m.
Oct. 1	Urbana (varsity only)	3:30 p.m.
Oct. 8	at Middletown (varsity only)	7 p.m.
Oct. 9	Frederick (varsity only)	3:30 p.m.
Oct. 14	at Walkersville (varsity only)	6 p.m.
Oct. 16	at Catoclin (varsity only)	6 p.m.

Cross Country

Sept 6	Zumbach Inv.	9:15 a.m.
Sept. 13	at South Hagerstown Inv.	9:30 a.m.
Sept. 25	at Mountain Run Inv.	3:30 p.m.
Oct. 4	at Frank Keyser Inv.	10 a.m.
Oct. 9	at Smithsburg Inv.	4 p.m.
Oct. 17	CMC Championships at Boonsboro	10 a.m.

Unified Sports (Tennis)

Sept. 22	Multiple Teams	3:30 p.m.
Sept. 29	at Middletown	5:30 p.m.
Oct. 8	at TJ	3:30 p.m.
Oct. 12	at Oakdale	3:30 p.m.
Oct. 20	FCPS Championships at Baker Park	11 a.m.

Cheerleading

Oct. 27	FCPS Championships at TJ	6 p.m.
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Sports Practices Begin at BHS

PHOTOS BY BILL CAULEY



Brunswick High's varsity football team practices ahead of its season-opener.



Brunswick High boys' soccer coach Shawn Baker meets with his team.



Brunswick High flag football coach B.J. Dick gives instructions to his players.

ALL ABOARD BRUNSWICK

SEPTEMBER COMMUNITY GUIDE FOR ARTS, ENTERTAINMENT, EVENTS, ETC.

To have your event listed in next month’s newspaper, email events by the 15th of this month to info@BrunsNews.com.

Elementary Explorers: Block Party (ages 5–10)
September 2, 4:30 pm
Brunswick Library

Visible Mending: Shashiko Stitching with Gennifer Majors—\$25
September 3, 7–9 pm
City Park Building
Details/registration: brunswickmdartevents.org/classes

Teen Drawing: Portrait Basics with Catherine Vincent—\$25
September 3 & 10, 7–7:45 pm
City Park Building
Details/registration: brunswickmdartevents.org/classes

Tween Time: Yoga (3rd–8th grades)
September 4, 6 pm
Brunswick Library

Teen Time: Yoga (ages 11–18)
September 4, 6 pm
Brunswick Library

A Circus Experience with Theatricks of Frederick (all ages)
September 6, 10:30 am
Brunswick Library

Funeral Pre-Planning
September 7, 2 pm
Brunswick Library

Elementary Explorers: Space Adventure (ages 5–10)
September 9, 4:30 pm
Brunswick Library

Textile Art: Felting with Gennifer Majors—\$25
September 10, 7–9 pm
City Park Building
Details/registration: brunswickmdartevents.org/classes

Teen Time: Window Painting (ages 11–18)
September 11, 6 pm
Brunswick Library

The Great Frederick Fair
September 12–20
Frederick Fairgrounds
www.thegreatfrederickfair.com

Kids Take Over the Kitchen Day (ages 5–10)
September 13, 2 pm
Brunswick Library

Legal Planning for Adults with Developmental Disabilities
September 14, 2 pm
Brunswick Library

Car Seat Safety Checks with Family Partnership
September 15, 11 am
Brunswick Library

Elementary Explorers: Talk Like a Pirate (ages 5–10)
September 16, 4:30 pm
Brunswick Library

Teen Time: Dreamworks Party (ages 11–18)
September 18, 6 pm
Brunswick Library

Local Historian Nancy Spannaus Book Release
September 21, 2 pm
Brunswick Library

Elementary Explorers: Build a Bridge (ages 5–10)
September 23, 4:30 pm
Brunswick Library

Night Sky Photography with Tara Zabriskie—\$30
September 24, 7–9 pm
City Park Building
Details/registration: brunswickmdartevents.org/classes

Teen Time: Hope Boxes with the MHA (ages 11–18)
September 25, 6 pm
Brunswick Library

Go Team Therapy Dogs: An Adaptive Adult Program
September 26, 11 am
Brunswick Library

Lovettsville Oktoberfest
September 26–28
Friday 6–11 pm
Sat., 10 am–11 pm
Sun. 11 am–5 pm
Lovettsvilleoktoberfest.com

Brunswick Community Yard Sale
September 26–28
Throughout town, for detailed listings: brunswickmd.gov/specialevents

Read to a Dog (ages 0–10)
September 27, 10:30 am
Brunswick Library

Silent Auction of Helen Smith Paintings to benefit Brunswick Food Bank and Brunswick Art Council
September 27, 5–8 pm
Lockhouse Gallery, 17 W. Potomac St.

Elementary Explorers: Our Feathered Friends (ages 5–10)
September 30, 4:30 pm
Brunswick Library

SAVE THE DATE

Cash Bingo Fundraiser for St. Paul’s Lutheran Church
Burkittsville—\$25
October 3, doors open 5:30, games 7 pm
Eagles Lodge
401 Central Ave.

Brunswick Railroad Days
October 4 & 5, 10–5
Downtown Brunswick
Brunswickrailroaddays.org

Big Money Bingo at American Legion — \$40 advance/\$50 at door lunch included
October 18, doors open 11 am, lunch at noon, games at 1 pm
18 S. Maple Ave.
Andrea 240 626–8968, auxunit96@gmail.com

Vendors Wanted: American Legion Holiday Bazaar
November 22
Connie House momhomes@yahoo.com

Gigantic Used Book Sale
SATURDAYS in October 9–4
3 East Main St., Burkittsville

RECURRING

Conversation Class for English Language Learners
SATURDAYS, 10:30 am
Brunswick Library

South Mountain Heritage Society Museum and Guided Walking Tour
FIRST SATURDAYS
10–3 through September
Free guided tour at 9 am, required pre-registration at southmountainheritage.org
3 East Main, Burkittsville

Leechel Reynolds Charitable Fund Cruise–in
SECOND SATURDAYS through October, 9:30–12:30
Roy Roger’s parking area, Souder Road

Brunswick Arts Council Meeting
SECOND SATURDAYS, 10–noon
Brunswick Library

Connect & Create
SECOND SATURDAYS
Smoketown Brewing Station

Games Club of Maryland
THIRD SATURDAYS, 12–7 pm
Smoketown Brewing Station

Worship Service
SUNDAYS, 9 am
Jefferson United Methodist
3882 Jefferson Pike

Worship Service
SUNDAYS, 9:30 am
New Hope United Methodist
7 S. Maryland Ave, brunswickumc.com

Baby Storytime
MONDAYS, 10:30 am, ages 0–24 months with caregiver
Brunswick Library

Manly Movie Night
MONDAYS, 7–9 pm, BYO drink
Traveling Bros. Cigars
302 W. Potomac St.

Free Coffee & More
TUESDAYS, 8–10 am, weather permitting through Sept.
Faith Assembly of God, 3700 Burkittsville Rd.

Toddler Storytime
TUESDAYS, 10:30 am, 2 year olds with caregiver
Brunswick Library

Shuffleboard & Cornhole – \$2
TUESDAYS, 4:30–6 pm
Parks & Recreation, Brunswick Elementary School

Table Top Tuesdays
TUESDAYS, 6–8 pm (3rd Tues. calling all Dungeons and Dragons neophytes and/or pros) BYO drinks
Traveling Bros. Cigars
302 W. Potomac St.

Preschool Storytime
WEDNESDAYS, 10:30 am
3–5 year olds with caregiver
Brunswick Library

Preschoolers School & STEM Skills
WEDNESDAYS, 11:15 am
3–5 year old with caregiver
Brunswick Library

Valley Quilters, all ages/levels
FIRST WEDNESDAY, 6:30 pm
St. Paul Lutheran Church, Jefferson
valleyquiltersTLC@gmail.com

Ladies’ Movie Night
WEDNESDAYS, 7–9 pm
BYO drinks
Traveling Bros. Cigars
302 W. Potomac St.

Musical Storytime
THURSDAYS, 10:30 am
ages 0–5 with caregiver
Brunswick Library

Brunswick Farmers Market
SECOND & LAST FRIDAYS, 4–7 pm
Martin’s Creek parking lot
East Potomac & 1st Ave.

Brunswick Live
LAST FRIDAYS – Sept. 26, 6–8:30 pm
Downtown businesses host fun events



Frederick
Primary Care
Associates

BRUNSWICK AND JEFFERSON

Call 301-834-7188 or visit fpca.net to schedule your appointment today!

For any acute problem that occurs outside of office hours, the FPCA After Hours Clinic is available at the Ballenger location:

Monday through Friday 5:30–8:00 PM
Saturday and Sunday 8 AM–4 PM

Come see us for comprehensive Family Practice services, both in office and via Telehealth.

Our providers treat all ages, from newborn to geriatric and everything in between.

Whether you need a Physical, Pre-Operative Clearance or Chronic Disease Management — we are here for you!

We also offer same day and walk in appointments for all acute conditions.

MEET OUR NEW PROVIDERS

FPCA BRUNSWICK
610 Ninth Avenue
Brunswick, MD 21716
M–Th: 7:30AM–7PM
F: 7:30AM–5PM
Walk In Lab Services
7:30AM–11AM and
1:30PM–3:00PM

FPCA JEFFERSON
4014 Mountville Road
Jefferson, MD 21755
M–F: 7:30AM–5PM
Walk In Lab Services
7:30AM–12PM



Sheila Tetreault, DO



Sandhya Devaraj MD



Heather Jones, CRNP



September 26-28, 2025
www.lovettsvilleoktoberfest.com